



Bulletin



Winter Edition 2022

CHILDREN OF PROMISE DONATION



Official Publication of the
**Supreme Council of the
Royal Arcanum**

.....
**Fraternal Services to Our
Members Since 1877**

A Message from the Acting Supreme Regent Un Message Du Régente Suprême Par Intérim

Maria Bettina DiBartolo - Acting Supreme Regent



Dear Brothers and Sisters,

Welcome to the New Year - 2022!

I hope you all had a wonderful and safe holiday season.

This was the year we were all waiting for...for a chance to return to a "normal" life but unfortunately, it hasn't started as we expected. After two long years, we are still facing the pandemic but are doing better to overcome the challenges that come along with it. We've made it this far and we must continue to come out on top and stay positive.

The Royal Arcanum has also done well with overcoming challenges. Our business is constantly growing, several councils have resumed their charitable projects and activities, and we could not be more grateful for all the participating members.

The Executive Committee unanimously decided to postpone the Supreme Council Session again. We want everyone to feel safe in attending and enjoy the program and company of our members and friends.

Please stay positive, pray for wellness, and help others. With technology, we can socialize virtually and continually strengthen our fraternity because it's still a bit difficult to host in-person gatherings.

We look forward to seeing you soon! We'll celebrate the Royal Arcanum for being one of the best life insurers in the United States and Canada and its 145 years of fraternalism!

Stay safe and warm!

Fraternally yours in VMC,

Maria

Chers frères et sœurs,

Bienvenue dans la nouvelle année - 2022 !

J'espère que vous avez tous passé un merveilleux temps des Fêtes en toute sécurité.

C'était l'année que nous attendions tous... pour avoir une chance de reprendre une vie "normale" mais malheureusement, cela n'a pas commencé comme nous l'espérons. Après deux longues années, nous sommes toujours confrontés à la pandémie mais faisons mieux pour surmonter les défis qui l'accompagnent. Nous sommes arrivés jusqu'ici et nous devons continuer à nous démarquer et à rester positifs.

Royal Arcanum a également bien réussi à surmonter les défis. Notre entreprise est en croissance constante, plusieurs conseils ont repris leurs projets et activités caritatifs, et nous ne pourrions être plus reconnaissants envers tous les membres participants.

Le Comité exécutif a décidé à l'unanimité de reporter à nouveau la session du Conseil suprême. Nous voulons que tout le monde se sente en sécurité en participant et profite du programme et de la compagnie de nos membres et amis.

Veuillez rester positif, prier pour le bien-être et aider les autres. Avec la technologie, nous pouvons socialiser virtuellement et renforcer continuellement notre fraternité car il est encore un peu difficile d'organiser des rassemblements en personne.

Nous avons hâte de vous voir bientôt! Nous célébrerons Royal Arcanum d'être l'un des meilleurs assureurs-vie aux États-Unis et au Canada et ses 145 ans de fraternité !

Restez en sécurité et au chaud !

Fraternellement vôtre en VMC,

Maria

BULLETIN COMMITTEE
 Cynthia A. Macon, Chairman
 Peter D. Ferrara
 Janice S. Brazas

EXECUTIVE COMMITTEE
 James E. O'Neill, Chairman
 Maria B. DiBartolo
 Nicole Covelli
 Errica Conforto
 Peter D. Ferrara
 Cynthia A. Macon
 Janice S. Brazas
 Carl J. Krzystofczyk

EDITOR
 Patrick Fitzgerald

ASSOCIATE EDITOR EMERITUS
 Dotti Pagnani

EDITING STAFF
 Frances Magnotta

EDITORIAL OFFICE
 61 Batterymarch St.
 Boston, MA 02110-3208

Toll Free 1-888-ARCANUM (272-2686)
 E-Mail:
 INFORMATION@ROYALARCANUM.COM

Official publication (Publication number USPS 472-260) of the Supreme Council of the Royal Arcanum, 61 Batterymarch Street, Boston, MA 02110-3208. Published quarterly. Periodicals postage paid at Boston, MA 02110 and additional mailing offices. Subscription terms: one dollar per year. Printed in the U.S.A.

Postmaster: In the event magazine is undeliverable, please send Form 3579 addressed to Royal Arcanum, 61 Batterymarch St., Boston, MA 02110-3208.

Volume 122 Number 1
 January, February, March 2022



Memorial golf tournament
 Page 6



New York celebrates Christmas
 Page 8



Tornado Assistance
 Page 19



Scan Our QR Code to Visit Our Website

NEW JERSEY GRAND COUNCIL
 PAGE 4

MAMMOTH CAVE IN KENTUCKY
 PAGE 5

VERSATILITY COUNCIL
 PAGE 7

SAN JOSE COUNCIL
 PAGE 10

FRATERNAL DEPARTMENT NEWS
 PAGE 14

HOME FOR THE HOLIDAYS
 PAGE 17

GIFTING IN MASSACHUSETTS
 PAGE 21

JUNIOR DEPARTMENT NEWS
 PAGE 24

JUNIOR GAMES
 PAGES 26 - 29

THE SUPREME SECRETARY
 PAGE 31

Cover Caption

Royal Arcanum's IFS Donation made to Children of Promise, NYC

Bulletin Deadline

Articles and photos must be in the editorial office by March 28, 2022. Mail to the Royal Arcanum Bulletin, Home Office, 61 Batterymarch Street, Boston, MA 02110-3208.
Next Publication Date: May 4, 2022

FILLING SANTA'S SLEIGH IN THE GARDEN STATE

Grand Regent Richard J. Macon, FIC led the New Jersey Grand Council members in lending a hand to Santa and sharing Christmas cheer with neighbors throughout the state. A variety of "Wish List" items, sweet treats and other useful items were gifted for distribution to seniors, veterans, retired religious, and the homeless and poor with the hope of providing recipients with some joy for the holiday season. Although the pandemic still prevented in-person visits to area healthcare facilities and shelters, the gifts were delivered to specified "drop off" locations and were acknowledged by staff and volunteers in letters and cards of appreciation to our Royal Arcanum councils and members. The Grand Council is grateful to all of our fraternalists for their participation and generosity extended again for the annual holiday gifting project.



Above: Gen Macon and Christine Piscitelli with gift totes ready for Santa.



Left: Grand Regent Rich Macon prepares gifts for Santa's sleigh.

GRINS AND GIGGLES: DRAWN TO THE LIGHT

A man walked into a brain surgeon's office in the hospital. "Can I help you?" the surgeon asked. "I keep thinking that I'm a moth," the man replied. "Well, you probably want to see a psychiatrist for that," he said. "I'm a brain surgeon." "Yeah, I know," he replied. The surgeon looked confused. "Then why are you here?" "The light was on."

MASSIVE CAVE GETS MORE MASSIVE

Mammoth Cave in Kentucky got a little bit longer recently, extending the record of what was already the longest cave system in the world. The Live Science website reports that surveyors mapping the system added eight miles of passageways to the cave, making it some 420 miles long—roughly the distance between New York City and Raleigh, North Carolina.

Mammoth Cave was recognized as the world's longest cave system in 1969, measuring 65 miles at the time. A survey in 1972 discovered a



connection to the Flint Ridge cave system, extending the cave system to 144 miles. Follow-up surveys over the years by volunteers at the Kentucky-based Cave Research Foundation have gradually added to the cave system's total length.

Some 2 million people visit the cave system every year to explore and view many of the 130 wildlife species, including 14 species of troglobites—creatures who live exclusively in caves, like the eyeless southern cavefish.

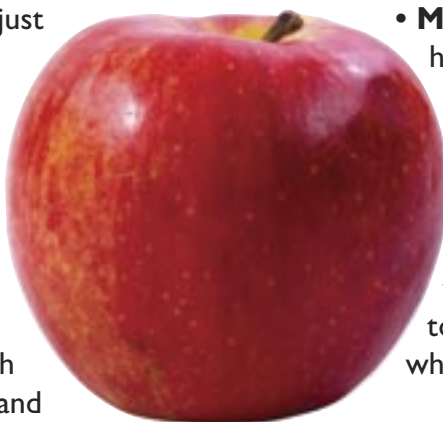
WHAT'S A NUTRITIOUS SNACK? TRY THESE TASTY TREATS

You're hungry. What should you eat if you're trying to avoid junk food and excess calories? Consider these healthful snack options:

- **Olives.** A snack of five olives has just 45 calories.

- **Hummus and carrots.** Four ounces of hummus and three carrot sticks contain only 80 calories.

- **Pineapples and pistachios.** Mix 1/2-cup of dried pineapple slices with about 25 pistachio nuts. Plus, fruits and nuts are a good source of antioxidants. Also try peanuts and raisins or almonds and dried apricots.



- **Cottage cheese and apples.** Top a sliced apple with about 1/2-cup of low-fat cottage cheese. Benefits: calcium, protein, and fiber.

- **Mini-pizza.** Slice a whole-wheat pita in half. Spread a little tomato sauce, then sprinkle some cheese and vegetables on top. Heat in microwave or toaster oven until cheese melts.

- **Rice cakes.** These can be eaten by themselves or with various low-fat toppings. Look for rice cakes made from whole-grain brown rice.

- **Water.** A tall glass of water revitalizes your body while assuaging hunger pangs. And it's caffeine- and calorie-free.

DON FERRY, JR MEMORIAL GOLF TOURNAMENT

In mid-October 2021, friends of the late Donald Ferry, Jr. gathered at Sagamore Golf Course in Lynnfield, MA to remember our dearly departed brother.

This inaugural tournament was attended by eight golfers and two additional observers and we hope for this remembrance to grow.

In addition to custom tournament brochures, hats were provided for all who attended.

It was a truly magical day filled with laughter and memories as we paid tribute to one of the best of us.

*Submitted by:
Patrick Fitzgerald*



MANY WAYS TO PROTECT YOUR FAMILY

The Royal Arcanum offers a wide array of products to help you to protect your family and save for retirement. You can call our Home Office Service Specialist at 1-888-272-2686 to discuss options or visit the "Products" section of the RA website to learn about the plans of protection and more. Whether it's Whole Life, 20-Payment, Single Premium, Annuities, or other policies that may be of interest to you, the Royal Arcanum is your one-stop shop!

*Contact our sales staff
and discover a huge
selection of life insurance
and annuities!*



VERSATILITY'S CHEERFUL ELVES

The challenge of the COVID-19 pandemic suspended council gatherings for much of 2021, but Arcanians were steadfast in their efforts to continue their charitable good works and especially their holiday traditions. It's always a favorite time for members of Versatility Council, their families and friends to be 'Secret Santas' and fill gift bags and stockings as the holiday season draws near.



Gen sorts new winter weather gear for the gifting project.

To help ensure a 'Ho-Ho-Ho' happy Christmas for boys and girls with disabilities, the jolly fellow in

red recruited the assistance of the Arcanians for the benefit of young students at the Felician School for Exceptional Children in Lodi. Members of the Fraternal Service Committee were pleased to conduct their holly, jolly parcel project at their Bayonne workshop. A tremendous array of beautiful gifts was delivered to the school in time for Santa to surprise the students prior to their winter break.



Committee members Elaine Zuber, Jeannette Tagliareni, Gen Macon, Christine Piscitelli and Evelyn Magarban, along with Roy Al, enjoy the decorations while shopping for the children.



Versatility's elves arrive at the Felician School to be welcomed by Sr. Rose Marie Smiglewski, CSSF, Executive Director.

NEW YORK CELEBRATES CHRISTMAS



Claremont Council #1655 hosted its first Family Christmas Dinner Party in conjunction with the Grand Council of New

York on December 5, 2021 at the Calabria Mia Restaurant in Yonkers, New York with over 100 members and guests participating.



Nile Flocco Quinn

A very special guest – Santa Claus (Dennis DeLeo) presented each of the 29 children in attendance with gifts from both Claremont Council and the Supreme Council Junior Department.

Since the pandemic and its ongoing restrictions hindered activities during the year, everyone was especially thankful to “ring in” the Christmas season together at the holiday party.



Angelina Flocco



Luca Conforto



Sofia Bruno



Maria, Santa, Freddy, and Errica



Anthony Bruno



Logan Orr



Benedetta DiBartolo



Ava Bruno



Alexandra Orr



GianLuca DiBartolo



Gia Hveem



Valentina DiBartolo



Emily Brito

BAYONNE SUPPORTS SHELTERS

Members of New Jersey's Bayonne Council #695 conducted autumn and early winter projects for area shelters to aid their mission of providing supportive services and essentials to the hungry, hurting and poor. With donations to many charitable causes being scaled back due to the pandemic's ongoing effects, contributions were especially welcomed by staff members and volunteers who work to keep such programs operating for clients in need.

During the final quarter of 2021, Arcanians made several trips to homeless shelters, the Salvation Army and Catholic Charities to deliver new and gently used winter clothing items, coats and outerwear, boots and shoes, hygiene and bathing necessities, kitchenware, bedding, small appliances, home goods, food staples, holiday decor and other accessories that were requested. Programs at the facilities offer a



RA fraternalists made sure to light up the holidays with gifts for others.

welcoming space for those in need and provide emotional support, group counseling, skills building, healing, nutrition education, housing, food, clothing and more in a safe, caring, comfortable and faith-filled environment.

In addition to the donations to help individuals and families, several cartons of pet food, towels and blankets were delivered to New Jersey animal shelters and pet adoption services for programs that rescue/rehabilitate injured animals and house pets until their fur-ever families can be found.

The overwhelming response to the project by the Arcanian families has prompted the council's Community Outreach Committee to begin organizing similar projects this year with the hope that a healthy and happy future will soon be a reality for those who are suffering.



Evelyn Magarban and Tom (volunteer) unload one of the vans packed with donations for Mercy House, Newark.



Gen Macon and Evelyn Magarban make a "gifting stop" at the animal shelter in Bergen County.

SAN JOSE 2384 DONATES TO CARMELITE NUNS

Members of San Jose Council #2384 provided food to the Carmelite Nuns (Monastery - Carmel of the Infant Jesus) for the holidays. The council has supported this charitable cause for over 75 years. COVID restricted donations in 2020 so when regulations eased a bit in 2021, the fraternal

members eagerly responded with contributions for the nuns.

Built in 1917 in Santa Clara, California, the monastery is an award-winning example of Spanish Ecclesiastical architecture in the United States.



Edd Enfantino and Joanie Francis,
members of San Jose Council



Sister Maura, Edd Enfantino and Sister Shannon

SECOND HARVEST

The California Grand Council donated to the Second Harvest Food Bank during the holidays in support of the community needs in Santa Clara and San Mateo counties. This organization was formed in 1974 to help the community families with food etc. They do a tremendous job in assisting those less fortunate .



Crystal Gray, Stefanie Enriquez, Aira Quintero and Grand Regent Joanie Francis

ANNUITIES

**Guaranteed 3% return for 6 year contract period,
with a 2% guarantee for the life of the contract***

**No
Service
Charges**

**6-Year Declining
Surrender Charge**

**Tax-Deferred
Until
Withdrawal**

**10% Penalty Free
Annual
Withdrawal
Available****

**\$500
Minimum
Deposit**

For complete information on annuities, please contact the Home Office at 1-888-ARCANUM (272-2686).

Discover the value of a member-based fraternal benefit society.

*Rate subject to change without notice. Canadian rates may differ from US rates. We will never go lower than 2%.

**Please contact a tax professional prior to taking any withdrawals for potential tax liabilities.

CLAREMONT COUNCIL'S CHARITABLE SUPPORT

Members of Claremont Council #1655 in New York conducted their International Fraternal Service Projects in collaboration with the Supreme Council by making monetary donations of \$500 each to four charitable organizations in the community. While observing COVID-19 preventive measures, the gifts were presented on November 8, 2021 by Augie and Frances Magnotta, Joe and Errica Conforto, Freddy and Maria Di Bartolo, and Teresa DiBartolo.

The members visited the Sisters, Servants of Mary, Ministers to the Sick at their convent in the Bronx. The Sisters are a religious community and nursing order who are devoted to tendering compassionate, home health nursing for the sick and dying, day or night, free of charge.

The second donation was presented to Calvary Hospital, the Bronx. The acute care specialty hospital provides palliative care for adult patients with advanced cancer and other life-threatening illnesses.

The third donation was delivered to Children of Promise, NYC. Its mission is to support and advocate for the children of incarcerated parents and to create opportunities for them to thrive and achieve their full potential. The organization now serves over 350 children each year in its first location - Bedford-Stuyvesant/ Brooklyn - that opened in 2009. In 2021, Children of Promise, NYC expanded to the South Bronx. The organization helps children



One sample of the children's artwork at Children of Promise, NYC.



Errica and Joe Conforto with a special "Thank you" from Children of Promise, NYC.



Visiting the Sisters, Servants of Mary. Sr. Cecilia Lopez, S. de. M is holding the IFS check.



Left: Christopher Ayson, Donor Relations Coordinator (holding the IFS check), Sade Williams and Angela Keating welcome the Royal Arcanum members to Calvary Hospital.

from age 6 through 18, as well as their families, through programs that include mental health services, academic enrichment, community advocacy, one to one mentoring, and works to strengthen social and emotional development. It was astounding to learn that over five million children at some point in time will have a parent incarcerated. Currently there are about 80 children who are being assisted at the South Bronx facility.

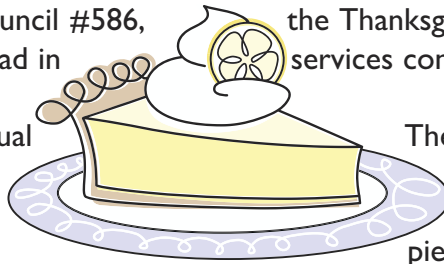
The pandemic prevented the Arcanian fraternalists from making the fourth donation in-person. A check was sent to the Wounded Warrior Project, New York City. The organization's focus is to help improve the lives of America's most severely injured veterans and for them to regain their independence.

The donations made by Claremont Council were acknowledged by the charitable organizations that were beneficiaries of the IFS Projects. The Arcanians are always dedicated to supporting these and other service-minded charitable causes in their communities.

*Submitted by:
Errica Conforto*

INTEGRITY'S VOLUNTEERS

Joe and Joan Tedesco of Integrity Council #586, Philadelphia, Pennsylvania took the lead in rallying council members and friends for support of MANNA's largest annual fundraiser – "The Pie in the Sky Program".



the Thanksgiving pie sales help MANNA's services continue.

The volunteer efforts of the Tedescos secured \$2,300 for the pie program. Supporters got to enjoy a delicious pie dessert as part of their holiday meal

MANNA is a frontrunner in evidence-based nutrition services, bringing together dietitians, chefs, drivers, and thousands of volunteers to cook and deliver nutritious, medically-appropriate meals and provide nutrition counseling to neighbors who are battling life-threatening illnesses. From hands-on cooking classes, and nutrition counseling to the delivery of 3 meals a day, 7 days a week, MANNA provides nourishment, hope, and healing in Philadelphia, southern New Jersey, and beyond. Proceeds from

and 27 additional pies were donated to St. John's Hospice. Established in 1963, the hospice is a Catholic Social Services Shelter which provides crucial, life-sustaining services with dignity, respect and compassion to homeless men in Center City Philadelphia.

Joe and Joan envision organizing efforts for the next pie program and welcome everyone to participate and make another positive imprint in the community.



Boxes of pies ready for transport.



Joe Tedesco (right) delivers pies to St. John's Hospice volunteers.

TRY THIS 10-MINUTE EXERCISE FOR INSPIRATION

A simple exercise can help enhance your creative powers. From an article on the Huffington Post website, it takes just 10 minutes twice a day:

- **Before you go to sleep**, spend 10 minutes thinking about what you've done during the day and what you want to accomplish tomorrow. Meditate on a problem you're trying to solve, and ask your subconscious mind for an answer.



- **After you wake up**, spend a few quiet moments meditating or writing in a journal. After a good night's sleep, your mind will be relaxed and loose. Write down whatever comes into your head without self-editing. You may find the answers you're looking for, or ideas for new projects or goals.

Dear Sisters and Brothers,

Those who don't venture out for skiing or snowboarding during the winter season may keep busy by tackling some "less popular" chores around the house. One tedious task that we probably tend to avoid is organizing the sock drawer. It's definitely not as exciting as hitting the frosty slopes! All those "unpaired" pieces – crew socks, knee socks, trouser socks, ankle socks, no show socks and more, in a rainbow of designs and fabric, seem to "take over" the drawer. The job awaits and now may be the best time to dive into it!

There's no official record of when socks originated, but they might be the oldest type of clothing that is still in use today. Cave paintings and archeological finds indicate that the most primitive socks (made from animal skins) probably date back to the Stone Ages. The Ancient Greeks wrapped their feet with socks from matted animal furs and the Romans created sock-like leather thingamajigs to protect their feet and keep them warm and dry.

By the 11th century, socks, as a fashion statement, became symbols of wealth and prestige because only the rich could afford them. In the 16th century, socks were more readily available since knitting turned easier with the invention of the loom. By the start of the 20th century, mass production of the foot guards was underway with socks being crafted in varying lengths, styles, colors and patterns to complement wardrobes for all ages, everywhere.

When a bundle of mismatched socks is discovered in our drawers, we may quickly toss them out or perhaps, for a minute, think about what to do with them. Surprisingly, there's a host of ways that these toasty foot coverings can be repurposed. Leftover or "extra" socks can be useful hand covers for cleaning, wrapped around an icepack for tending to an injury, fixed over the feet of a bed frame to prevent painful stubbed toes, protect golf clubs being stored, or positioned over planters for a unique and decorative look. A single sock can be filled with fresh cat litter,

placed inside another sock and then set on a car's dashboard (close to the window) to absorb moisture and prevent the glass panes from fogging up, particularly in inclement weather. Who knew?!

Built upon the principles of 'Virtue, Mercy and Charity,' the Royal Arcanum proudly serves members and communities. Arcanians are always ready to share ideas and bring "new life" (like we do for those extra socks) to council programs for the fraternal movement to continually advance. Our dedicated members are consistently repurposing activities to further grow their councils with new members and volunteer service initiatives to make good things happen, every day.

The Supreme Council is pleased to recognize the fraternal service conducted in the past year. Although the pandemic affected many plans, 24 projects were conducted for the IFS program. Members creatively repurposed meeting agendas in 2021 towards sponsoring additional charitable works with participation in the Lend a Hand-Lift a Heart, Sharing and Caring, Legacy of Hope and Spirit of Service programs for the benefit of various causes. Most importantly, their efforts and contributions provided a ray of hope for grateful recipients at a very difficult time.

Hopefully 2022 will be a better year for everyone. Keep busy (even to rearrange the sock drawer)! Wear a smile and think happy thoughts.

I wish you and your families a blessed and healthy Passover and Easter.

In friendship,



Cindy Macon
Fraternal-Communications Director



NOMINATIONS AND ELECTIONS OF OFFICERS

Section 19 (1), 20, and 21 of the Constitution

The offices, including the committees, shall remain the same.

By August 1 of the year of the Supreme Council Session, the Chairperson of the Supreme Council Executive Committee shall appoint a Committee on Nominations consisting of four Supreme Council Session members (current or past), representing the diversity of our Order, plus the Supreme Regent, who will serve as chairperson for the purpose of developing a slate of officers for the ensuing Supreme Council Session. It is suggested that an announcement of this appointed committee and the nominations procedure be included in the "CALL" to the Session and in the Winter Edition of the Bulletin.

At the REGISTRATION DESK on OPENING DAY of the Supreme Council Session a list of the Nominations will be distributed to the representatives. It is recommended that a brief bio of not more than 75 words for each nominee be included. Only for those officers seeking Election to an Executive Committee position, a biography of no more than 200 words is recommended. Lengthier submissions will not be evaluated.

On THE SECOND DAY of the Supreme Council Session additional nominations may be made from the floor. All those being nominated shall have been contacted by the member making the nomination in order to insure that those being nominated are willing to have their names on the slate. A bio on each nominee of not more than 75 words would be helpful. (A resolution will be presented at the beginning calling for nominations on the second day.)

On THE THIRD DAY of the Supreme Council Session, printed ballots including the names of all nominees shall be distributed. In the case of the Line Officers and the Executive Committee, there must be individual ballots (unless the Constitution is changed), but the other committees may be elected on one ballot. Additional nominations will not be entertained at this time. Delegates will cast their votes, which will be counted by the two appointed tellers and the Judge of Elections, who will count the votes. (A resolution will be presented at the beginning to nominate and elect all Committeepersons and Trustees, collectively unless there is a contested election. In the case of the two Finance Committee Members, Supreme Trustees, Committee on Juniors and Committee on Appeals, if there are more than four nominees, the four receiving the highest vote will be declared winners).

THE NOMINEE with the majority of votes based on our established ratio between delegates and officers, shall win the election to his or her respective office. In the case of the committees, the required members for each committee with the highest number of votes shall be elected (the four Supreme Trustees, the three members of the Committee on Laws, the two additional members of the Finance Committee, the four members of the Committee on Juniors, and the four members of the Committee on Appeals).

Send bios to Chairman James O'Neill, 6196 Kaski Court, San Jose, CA 95123 or email to: oneillje@comcast.net.
Bios should in the Chairman's hands by July 15, 2022.

RHODE ISLAND

We all know, when December rolls around Santa and all his elves are very busy getting toys ready for Christmas. Well, October in Pawtucket, RI finds members of Pawtucket Council #537, junior and adult members alike, busy buying and decorating pumpkins to cheer our friends at Summit Commons in Providence, RI. COVID, once again, decided our costumed Juniors could not hand deliver our painted pumpkins to our friends. But no virus could deter our spirit as we decorated, boxed up and delivered

our spooky, scary, funny and even pretty works of art to the Social Director of Summit Commons.

After a brief time in quarantine, our pumpkins reached the residents who knew Royal Arcanum members were thinking about them and wishing them a Happy Halloween.

*Submitted by:
Judy Kolek*



COME LIKE US ON FACEBOOK

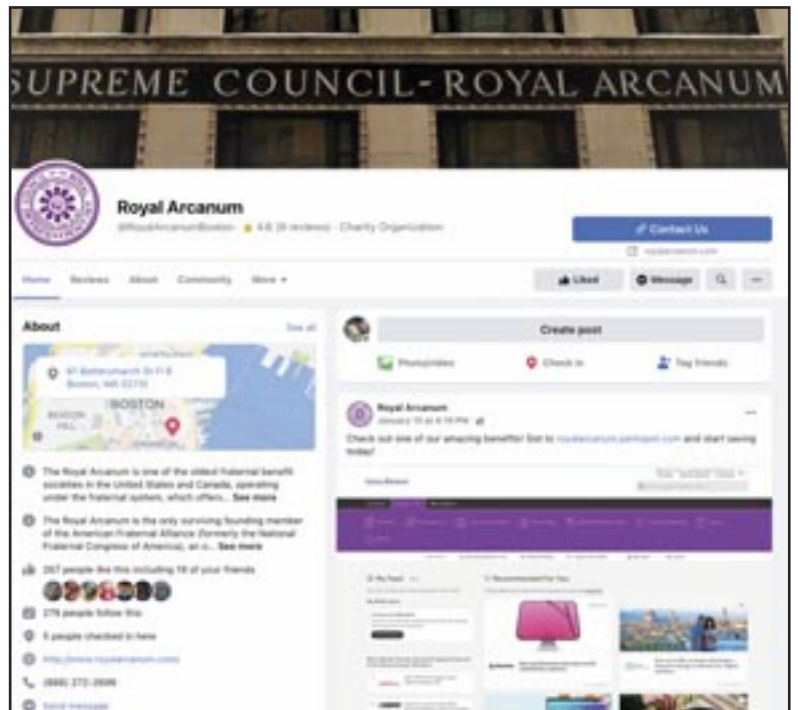
We have a lot of content being posted to our Facebook page and we want to share it with as many people as possible.

We are asking our members to “like” our Facebook page which can be located at the following address:

<https://www.facebook.com/RoyalArcanumBoston/>

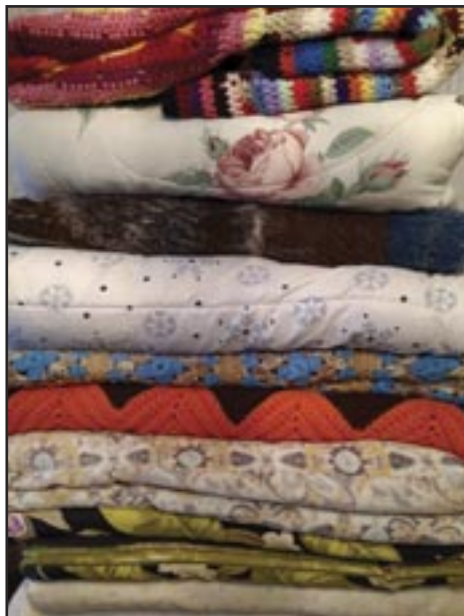
Recently, we have posted articles featuring our charitable works, humor, special interest, and member benefits.

We look forward to seeing you on Facebook soon!



HOME FOR THE HOLIDAYS

“I’ll Be Home for Christmas” is a familiar holiday song and its lyrics - “You can count on me...” best reflects the spirit of the Arcanian members in Bayonne and Versatility Councils who shared their blessings with multiple homes of the Felician ministries as the Christmas season neared. Gift packages were assembled and arranged for delivery or shipment to charitable causes sponsored by the Felician Sisters of North America; these included sites in New Jersey, New Mexico, South Carolina and Michigan.



Blankets and quilts were individually wrapped for gifting to those in need.

The Sisters, formally known as the Congregation of the Sisters of Saint Felix of Cantalice, sponsor hospices, schools, food pantries, nursing homes, missions and more. Much of their work is dedicated to serving the marginalized, those living in poverty, those with disabilities, the elderly, the imprisoned and at-risk youth.

Arcanians in New Jersey have an extended family in the Felician Sisters. The fraternalists are always ready to support the Sisters’ efforts so that their good works will continue to thrive locally and across the global community.

The fraternal elves shopped, sorted, wrapped and packed a multitude of practical gifts for all ages. It was a small gesture for sharing peace, joy and love with those who have little but one that took on great meaning for all who joined the endeavor. The Sisters were very thankful for all the remembrances that would be gifted to those in their care. The Fraternal Events Committee was

also grateful to the members and friends for ensuring the holiday project’s completion and success.



Gen and Evelyn deliver parcels to Nancy, Activities Director at Our Lady of Lourdes Care Center.



Julianna sorts school and hygiene supplies for youngsters.

WAKE UP TO THE HISTORY OF COFFEE

From that morning mug of java to a cup of decaf with dessert, many people rely on coffee to get through the day. The Cracked website shares the fascinating history of our favorite hot beverage:

A legend goes that in Ethiopia around 850 A.D., a farmer named Kaldi noticed that the sheep in his flock had more energy and slept less after eating fruit from a particular plant. He tried it himself, and also felt more energized, so he took it to a nearby monastery where the monks used it to brew a tea. They found that the tea helped them stay awake during their evening prayers.

The first written mention of coffee came a few decades later, when a Persian physician wrote about “bunchum.” “Bunn” was the Ethiopian word for the coffee berry.

The Ottoman Empire spread coffee through the lands it conquered. It reached Europe during the 17th century. Early Christians thought it evil and asked the



current Pope to ban it. The Pope, however, decided to try drinking it himself first, and declined to forbid its use.

Coffeehouses spread quickly across the continent—Venice in 1645, England in 1650, and France in 1672. It eventually crossed the ocean in 1676, when a coffeehouse opened in Boston.

For a while, farmers in Mediterranean countries enjoyed a monopoly on coffee, but that ended when the Dutch started growing and exporting it from the Indonesian territory of—wait for it—Java.

France is responsible for the first iced coffee, thanks to troops who dubbed their concoction “café mazagran” after the fortress they were



stationed at. Today, we consume more than 2 billion cups of coffee a day around the world, making it the most popular beverage around.

SIMPLIFIED ISSUE PLAN

**Premiums never
increase and death
benefit never
decreases**



PROGRAM BENEFITS INCLUDE

- * No increase of premium
- * No decrease of death benefit
- * No medical exam
- * Cash accumulation values

**CERTIFICATE LOANS
PAYMENT TO BENEFICIARY**

SIMPLIFIED APPLICATION

- * Full underwriting not required
- * Full face amount payable in first year
- * Subject to contestable period in first 2 years

**CONTACT THE HOME OFFICE FOR DETAILS
BY CALLING 1-888-272-2686**

TORNADO ASSISTANCE

The Grand Council of California donated \$500 to help families in Mayfield, Kentucky and nearby towns that were decimated by tornadoes in December 2021. The contribution was made to Samaritan's Purse, an international relief organization that responds to the needs of the suffering and those whose lives are shattered in times of crisis.



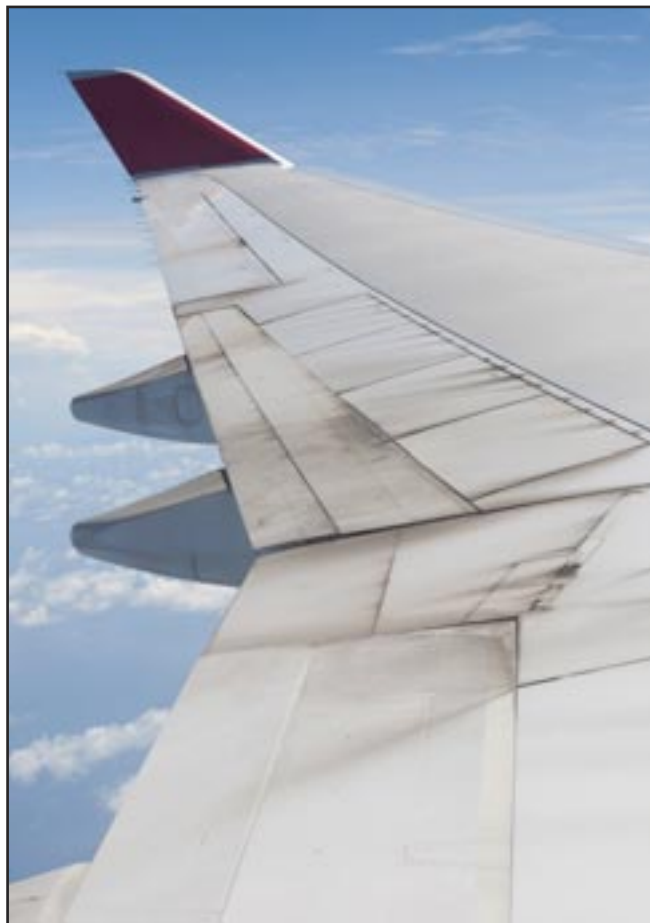
Samaritan's Purse volunteers were on site in the aftermath of the disaster in Kentucky to provide clothing, food, clean-up and other supportive services to families who lost everything.

The California Grand Council is always willing to help anyone and everyone in need, wherever they may live, especially when others are faced with the most difficult situations.

PROTECT YOUR SECURITY WHEN YOU TRAVEL

Business and personal travel are coming back after the pandemic. If you haven't gone out of town in a while, you may need a refresher course on staying safe and secure on the road. Here's some guidance from the Travel Daily News website:

- **Pack a doorstep.** This can be the most important item you can bring to protect your safety. Don't depend on the hotel's own locks to keep your door secure. A simple doorstep wedged under your door can stop or slow a would-be intruder, giving you time to call the front desk or the police. You can even buy them with a built-in alarm.
- **Choose the right room location.** Request a room between the third and sixth floor. It's high enough that burglars can't easily climb up onto a balcony and get inside, and low enough for firefighters to reach you in an emergency.



- **Bring a "go bag."** Pack a small bag with essentials—important documents, some cash, water, some nonperishable snacks—that you can grab if you have to leave your hotel quickly because of an evacuation for fire, an earthquake, or some other disaster.
- **Pay attention to your surroundings.** Identify exits immediately whenever you walk into a new environment. When you check in to your hotel, take a look around the lobby for anyone watching you suspiciously. In the hall outside your hotel room, take note of what direction the nearest

stairwell is, and how far down the hall you'll have to go to get to it.

THANKS AND GIFTING IN NEW YORK

Members of the Grand Council of New York and Claremont Council #1655 were pleased to continue the tradition of giving thanks and sharing their gifts by sponsoring their annual autumn fraternal project. This year's beneficiary was the 'Feeding the Hungry' program at Our Lady of Mt. Carmel Parish on Belmont Avenue in the Bronx.

Twenty eight turkeys, plus stuffing, cranberry sauce, canned vegetables, coffee, pasta, and other tasty fixings were donated to the church on November 22, 2021. The items were distributed by the parish social concerns ministry volunteers to poor families

in the community in time to prepare their holiday meals.

Funds to purchase the turkeys and groceries for the project were contributed by the Grand Council of New York, Claremont Council and their members. It was a wonderful team effort in which the charitable spirit of the Arcanian family helped provide a happy holiday for neighbors in need.

*Submitted by:
Errica Conforto*



Maria DiBartolo, Teresa DiBartolo, Freddy DiBartolo, Joseph Conforto, Errica Conforto, and Augie Magnotta sort the Arcanian Thanksgiving food donations.

COOKING BASICS FOR KIDS

While the cold keeps us indoors for most of the winter, it is a great time to teach cooking basics to our children.

If you are looking for ideas on how to present this to your children, there are many websites that will guide you.

Many sites suggest focusing on simple skills like measuring and mixing dry ingredients,



cooking and baking. For little kids, avoid the use of cutting and try tasks like kneading dough and talking about simple terminology like baking, beating, broiling and boiling for starters.

The best part of this activity will be the memories made that will last forever.

HOLIDAY GIFTING IN MASSACHUSETTS

Alpha-Agassiz Council #1 members and the Royal Arcanum Home Office staff and their families were extra busy in the weeks leading up to Christmas Eve. They volunteered for the holiday program of the Plymouth Area Coalition in Kingston, Massachusetts.

The Coalition's mission is to educate, empower, strengthen, nurture and aid individuals and families who seek shelter, food and other basic necessities so they may build on their strengths and experience their own potential as independent members of society.

The Royal Arcanum elves participated in the Children's Holiday Fund program; they donated a huge assortment of toys, crafts, bicycles, winter clothing, sneakers, healthcare items, meal baskets and other gifts for their anonymous "adopted



Kelly Ahern, Travis Scofield, Steve Haddock, and Robert McIntyre set the RA office "Giving Tree" for their charitable project.

family" in a South Shore community. The fraternal elves requested to gift a family with several children. After receiving the family's "Wish List", the Arcanians set out searching and shopping for their "special gifts" and later prepared all the purchases in Mr. Claus' satellite workshop located in the RA Home Office building.

Having introduced the Coalition's work to the Arcanians, Kelly Benoit organized the joint fraternal project and delivered the bounty of colorful packages to the Coalition. The generosity

of the associates, members and council in contributing the gifts provided a happy and memorable Christmas for their neighbors. It was a wonderful holiday activity in which the fraternal spirit of "Caring and Sharing" echoed, thanks to all of Santa's helpers in Massachusetts!

BIG MONEymAKERS OF PAST ERAS

We're all fascinated by how much money other people make. Here's a look at how much some historical figures made, and what it would be worth today (from the Cracked website):

- **Edgar Allan Poe.** The writer of scary stories earned \$624 in 1835, which would be equivalent to \$18,000 today.
- **Babe Ruth.** His pay for the 1919 baseball season was \$10,000, worth about \$150,000 now.
- **Jackie Robinson.** This ballplayer's 1947 season pay was \$5,000; that's \$58,000 today.
- **Jane Austen.** The 19th-century British writer was paid 300 pounds for her novel Mansfield Park, which comes to \$60,000 now.
- **Judy Garland.** The Wizard of Oz actress earned \$500 a week in 1939, worth about \$9,300 a week



today. (Her male co-stars made \$2,500–3,000 weekly, and the dog who played Toto made \$125 a week).

- **Ludwig von Beethoven.** The German composer's three patrons in Vienna gave him 4,000 florins in 1809, worth \$530,000 these days.
- **Charles Dickens.** Another 19th-century author, Dickens received 400 pounds for The Pickwick Papers in 1836, or about \$238,000 now.
- **Marilyn Monroe.** The actress was paid \$18,000 for her role in Gentlemen Prefer Blondes in 1953, the equivalent of \$175,600 today.
- **Albert Einstein.** His salary at Princeton in 1933 was \$10,000, which translates to \$178,000 now. (He requested a lower salary, but university officials wanted him to be the highest-paid scholar there.)
- **George Washington.** The first president's salary was \$25,000 in 1789, or about \$4.5 million today.

BAKER'S BOX: SPONGE CAKE

We hope our readers enjoy making this recipe shared by Past Supreme Regent Errica Conforto.

Sponge cake / Pan di Spagna is a classic Italian cake that is widely used as a confectionary base for many elaborate sweets such as cassata, birthday cakes, wedding cakes, and more. It is especially light and fluffy because it is made without oil or grease.

INGREDIENTS:

6 eggs at room temperature, separated
1 cup sugar
1 cup sifted flour with one teaspoon of baking powder
1 teaspoon lemon or vanilla extract
1- 12" spring form pan lined with parchment paper and sprayed or brushed with oil

Preheat oven to 350 degrees.

In a bowl, whip 6 egg whites until fluffy and voluminous. In another larger bowl, add the egg yolks, sugar, and extract; whisk/beat low at first and then at high speed for 7-9 minutes until the eggs become a pale yellow color, fluffy, and doubled in volume. Add the flour with baking powder in small increments at a time; combining well. Using a spatula (do not use a whisk or mixer for this step) add the egg whites to the yellow batter a little at a time and fold gently, mixing from the bottom to the top in order to keep the batter as light and fluffy as possible. Put the batter in the pan and bake (in the preheated oven) for 35 to 45 minutes until the top of the cake turns a rich golden color.

Allow the cake to cool completely before cutting with a serrated knife to make 2 discs. You can use custard, ricotta cream, whipped cream and fruit, or any frosting as a filling. Decorate the top as you wish.

Note: You can double the recipe to make a large rectangular cake. Let it rest a few hours before enjoying.



CHIEF OPERATIONS OFFICER CORNER

As we look back on last year, 2021 brought on continued challenges from 2020. However, I can't help but think of the many positives we experienced at the same time. We've seen some councils begin to get back together with in-person activities, along with continuing to develop new ways to share the fraternal spirit in the communities around us. The Royal Arcanum is a resilient organization and we've taken steps to continue moving forward.

The impact of COVID continued in 2021, resulting in the rescheduling of the Supreme Council Session again. The Executive Committee's main priority is the safety and health of all of our members. It was a tough and well thought out approach to delay the meeting for the greater good of our members. The Board looks forward to having our officers and representatives meet in person and I share the same feeling. With that being said, the safety of our members is of greatest importance and we anticipate confirming the Session agenda soon.

"Ever the opportunity to overcome adversity" is a message I often deliver to staff members when a difficult situation arises. It's the same message I convey to individuals I work with from a business standpoint, as well as personally to my children. We continue to face challenges; however, these challenges will make us stronger and increase our abilities and knowledge to overcome the next challenge. We will prevail over such difficult situations and further succeed as a Society and operation. There are also challenges we face in our day-to-day lives and many times we'll be able to overcome them with commitment and determination.

As an operation, we are currently challenged by the continued low interest rate environment, resulting in reduced investment revenue. We have adjusted our initiatives to face this challenge; our intentions are for the greater good and overall growth of the Society. This includes developing and implementing new initiatives with a goal of looking at the "big picture". One example of such an initiative begun in 2021 was launching our new web-based illustration system. This system enables members and agents who market our insurance products the ability to run an illustration from any platform such as

a laptop, I-PAD, Smart phone etc. Previously, it required an individual to download software and now, only internet access is needed to make the task easier.

In 2022 we will work to transform Royal Arcanum with several new initiatives that are already in the works. Our goal of continuing to sustain and grow as a fraternal society is a main focus. One such initiative is investing resources

within our operation and enabling our operation to handle increased insurance volume without increasing headcount. The objective is to remain within our annual budget.

The Home Office continues to operate Monday

through Friday from 8:00 a.m.-5:00 p.m. (EST). Should you have any questions or concerns, we ask you to call the office (888)-272-2686 or e-mail: info@royalarcanum.com. If you have been impacted by the pandemic and it has affected your ability to submit your premium payment when due, please contact the Home Office.

Stay Safe and Best Wishes!

Sincerely,



Nicholas G. Benoit

Chief Operations Officer

nbenoit@royalarcanum.com



I wish all of our members a happy and healthy 2022!

This past year brought us uncertainty and challenges, but looking back, I'm amazed at how far we have come with the COVID-19 vaccines and boosters. Some jurisdictions finally were able to host Christmas parties or other activities for our Juniors across the U.S. and Canada.

Christmas gifts were made available from the Home Office Junior Department to all councils that requested them. This year we ordered a wild plush giraffe for the little ones and a color changing alarm clock for the older children. I hope you enjoyed the gifts; I look forward to seeing some pictures of the activities in this issue.

Many thanks to our Junior Committee ladies: Ashley, Ruth, Loretta and Anita for taking turns in sending birthday cards and to Genevieve for sending Valentine cards to our Junior members, age 6 and younger.

Congratulations to all of our high school seniors who have applied for the Royal Arcanum scholarship this year. The deadline to submit all documentation is March 31, 2022. Last year we awarded over \$65,000 in scholarships and we are very proud of those who won. Good luck to this year's candidates.

Don't forget that Junior members in good standing who participate in SAT programs or other preparatory courses can be reimbursed up to \$50 by sending their receipts to the Home Office in Boston, MA.

All of our current Royal Arcanum college students that send us their names and addresses of either their college dorm/housing or home will receive a little something special from the Junior Department.

Call or e-mail us the information. The deadline for these requests is also March 31st.

I encourage our Junior members to submit the coloring page or puzzle from the Bulletin in order to receive a \$10 Amazon card. Last year we awarded over 200 gifts. We are also looking for our young members who love to

write to send us poems, stories, or other materials to be published in our Bulletin. Your submission will be awarded with a trophy, certificate, and a \$25 gift card.

If you are looking for information on colleges, majors, careers, or scholarships, you can access our free website or contact the Home Office at 1-888-272-2686.

Let's count our blessings, reflect on the year, and spread love and joy to all those around us by helping the less fortunate and by practicing fraternalism.

I wish you a Happy St. Patrick's and St. Joseph's Day, as well as a

wonderful Easter and Passover.

Yours in VMC,



Errica Conforto

Junior Director



**Junior Department
Director
Errica Conforto**



TECHNIQUES FOR MANAGING WORKPLACE STRESS

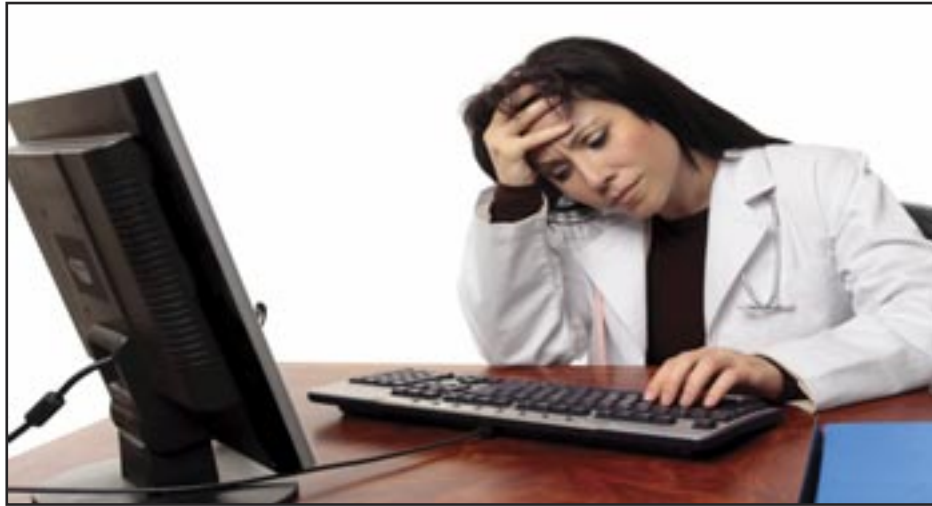
Work can be stressful, and too much stress can have a negative impact on your physical and mental health as well as your career. The BioSpace website recommends these tactics for keeping stress under control before it cripples you:

- **Practice meditation.**

You don't need an elaborate ritual. Just spend a few minutes every day clearing your mind, focusing on your breathing, and letting your

thoughts flow without focusing on any one thing. Meditation can ease depression, high blood pressure, and other side effects of stress.

- **Adjust your work/life balance.** Don't let your job become your whole life. Be sure to take the time off you're entitled to so you can relax and refresh. Leave work behind at the end of the day and focus on your family and friends. No matter how busy you are, devote some time to enjoying life without worrying about what's happening at the office.



- **Get organized.** Stress can result from not managing your time effectively. Set priorities so you know where to focus your energy for the best results. Create a filing/storage system so you don't

have to waste time and increase your stress looking for important items. Establish some personal rituals for the day—meditation and a cup of tea in the morning, for example, and deep breathing in the afternoon.

- **Ask for help.**

Don't try to do everything yourself. Be honest about your strengths and gaps, and don't be afraid to ask for assistance when you need it—it's better than making a mistake because you weren't willing to reach out. On a personal level, don't try to handle your stress on your own. A therapist or life coach can offer tips and techniques for managing problems effectively, freeing you up to focus on what you want.

TREASURE FROM OUR PAST

The Royal Arcanum will celebrate the 145 year milestone as a fraternal benefit society in 2022. Pictured is an artifact from 1902 when the Order commemorated its 25th anniversary. The button is imprinted with "June 23rd"; the date the Royal Arcanum was founded, 25 years earlier, in 1877 in Boston, Massachusetts. The ribbon depicts the Society's emblem - the crown and letters -VMC for the founding principles of Virtue, Mercy and Charity. The image on the ribbon became the template for the DSA pin that has been awarded since 1952.



OUR HISTORY

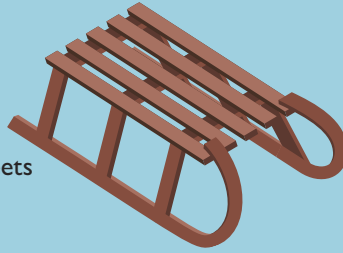
Interested in more of our long standing history? Go to our website at www.royalarcanum.com and click on "about us" and then select "history."



WINTER WORD CROSSWORD

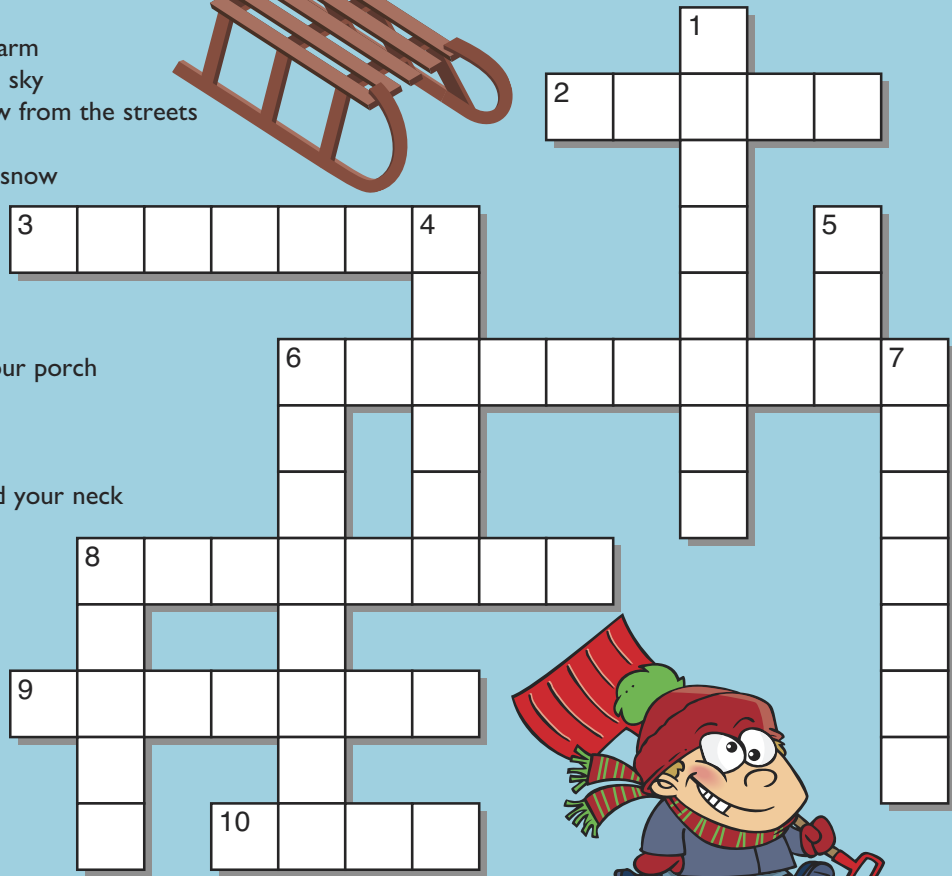
Across

- 2) House made of ice
- 3) Clothes to keep your hands warm
- 6) Frozen crystals falling from the sky
- 8) A vehicle used to remove snow from the streets
- 9) First winter month of the year
- 10) Used to travel down a hill of snow



Down

- 1) A really bad snow storm
- 4) Tool for moving snow from your porch
- 5) Frozen water on the ground
- 6) A round, icy projectile
- 7) Has a carrot for a nose
- 8) Warm cloth that wraps around your neck



JUNIOR CONTEST RULES

Our rules provide that a Junior can win only one prize per issue of the Bulletin. Members from the same family can submit answers to same puzzles in order to win. Puzzle entrants are restricted to Juniors no older than 17 years 11 months. All entries must be received prior to distribution of the next Bulletin.

All Junior entrants can earn a \$10.00 gift certificate award from Amazon.com!



Junior Must Submit:

Name _____

Age _____

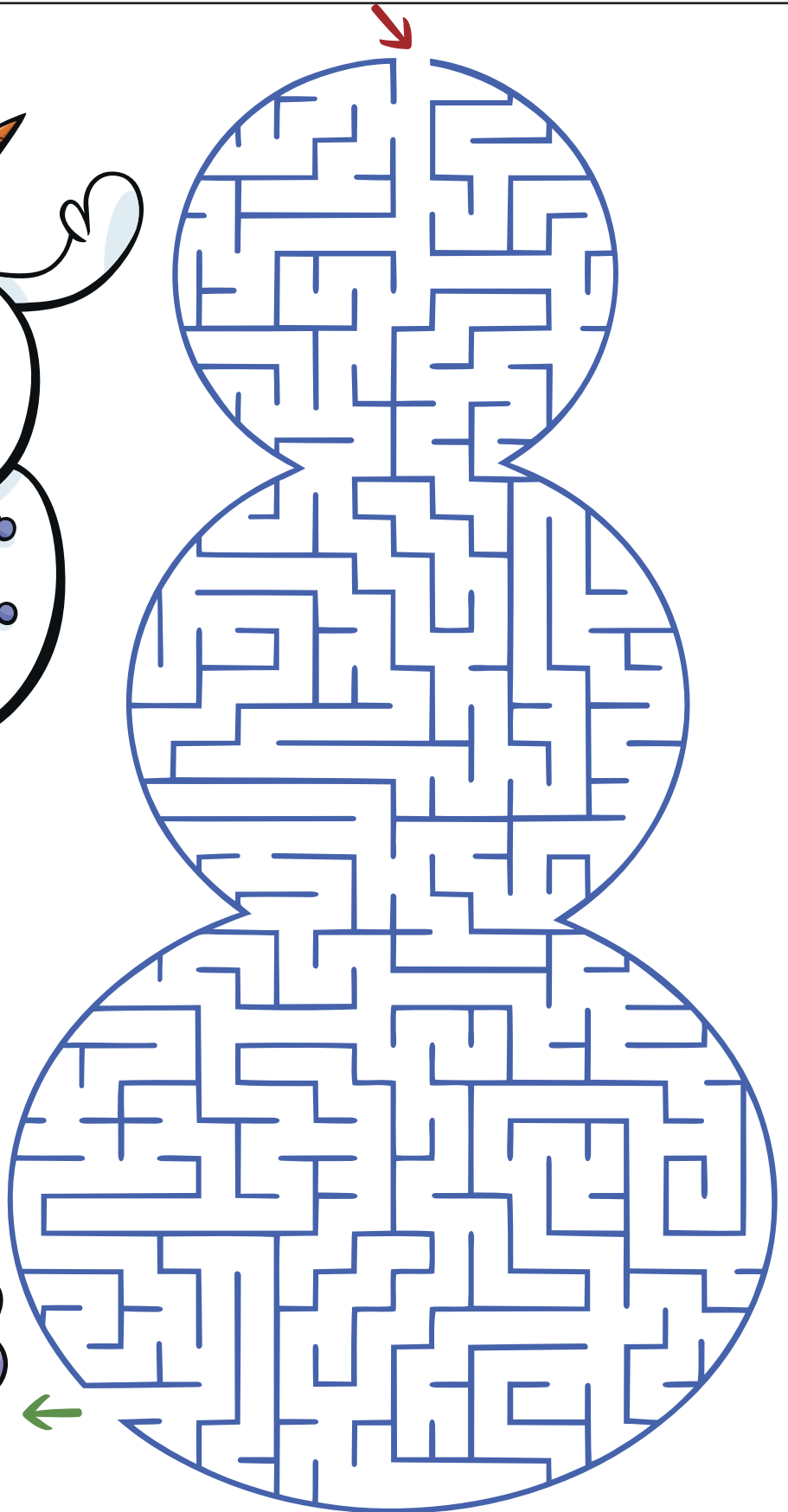
Council _____

Email Address _____

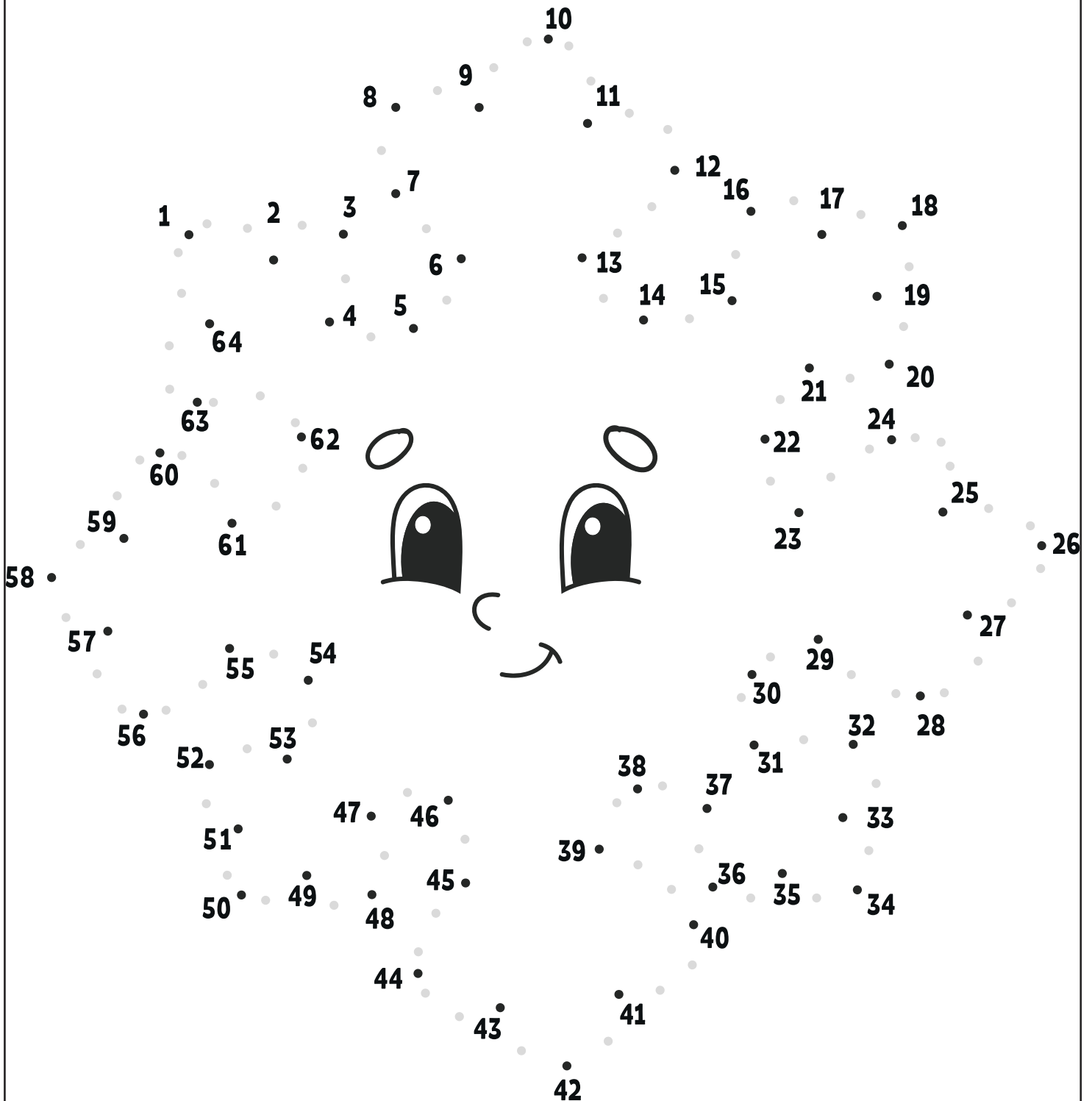
**PLEASE SEND ALL ANSWERS TO:
JUNIOR DEPARTMENT, ROYAL ARCANUM,
61 BATTERYMARCH ST., BOSTON, MA 02110-3208
OR EMAIL YOUR ENTRY AND ADDRESS TO
INFO@ROYALARCANUM.COM**



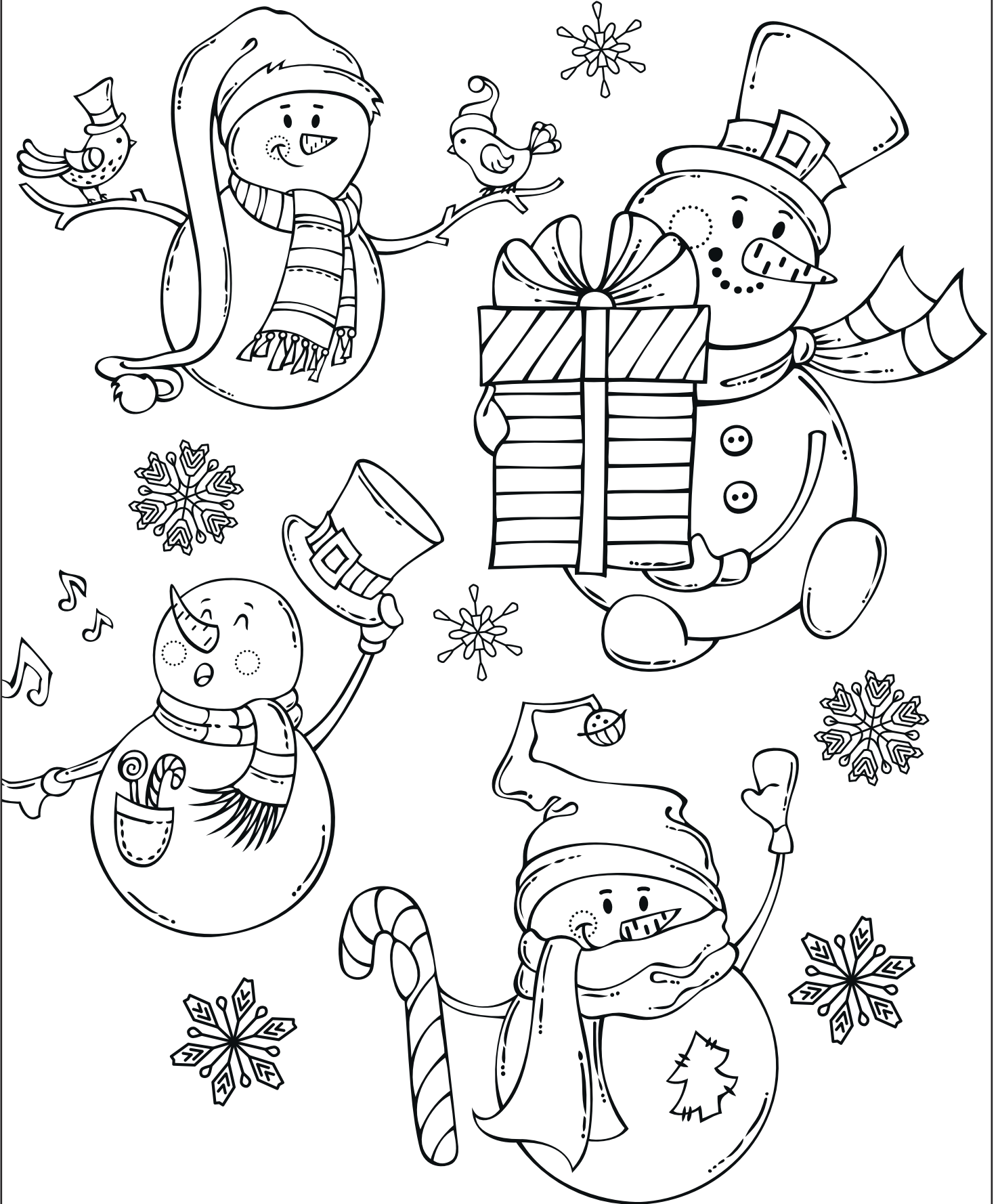
Help the snowman make his way to his favorite winter treat



CONNECT THE DOTS AND SEE WHAT WINTER TREAT YOU DISCOVER!!



JUNIOR WINTER COLORING





**ROYAL ARCANUM 105th SUPREME COUNCIL SESSION
CROWNE PLAZA HOTEL
ANNAPOLIS, MARYLAND
SUNDAY, August 21 through THURSDAY, August 25, 2022**



<https://www.ihg.com/crowneplaza/hotels/us/en/annapolis/anpam/hoteldetail>

Cost Per Person U.S. / Canadian	Occupancy	Points for Free Trip U.S. / Canadian
\$499.00 / \$665.00	Double	710 / 950
\$419.00 / \$560.00	Triple	600 / 800
\$799.00 / \$1,065.00	Single	1,140 / 1,520

Please enter my reservation for the 105th Supreme Council Session at the Annapolis Crowne Plaza Hotel, 173 Jennifer Road, Annapolis, MD. 21401 (Phone: 1-410-266-3131)

My party will consist of the following persons: (type or print only)

M _____ Council No. _____

Address _____

Phone # _____ E-mail: _____

Spouse (please enter first name) _____

Children (enter names & ages) _____

Request Room Share with (Please enter guest's name) _____

Room Type (circle): (2) Double Beds (1) King Bed

Have you earned a prize trip? [] Yes [] No [] No. of trips _____

Package includes: Sunday Welcome Dinner, Tuesday Hospitality Party-Banquet, Wednesday Hospitality Hour-Dinner Buffet- Farewell Theme Party, Daily Breakfast Buffet (RA Group Queen Anne Dining Room). Guest rooms furnished with flat screen television, internet access, mini refrigerator, coffeemaker, iron, ironing board, climate control, and full bath amenities. Facility is 100% non-smoking. Complimentary 24-hour fitness center. Indoor heated pool & whirlpool. Annapolis Bar & Grill Restaurant on site. Free parking.

Advance arrangements for members who wish to extend their hotel stay at the Annapolis Crowne Plaza (if rooms are available) can be made for an additional charge.

Arrival date _____ Departure Date _____

Signature _____ Date _____

IMPORTANT: Home address of individuals with different names must be supplied. Guest rooms will be available 4 p.m. on Sunday, August 21, 2022. Check-out will be on Thursday morning, August 25, 2022 (by 11:00 a.m.).

Closest Airport: Baltimore (BWI) Closest AMTRAK Train Station: Baltimore BWI
Shuttle information to/from hotel will be provided in the near future; approximately a 25-minute drive each way.

A Deposit of \$50.00 per Adult is required with each reservation.

MAKE CHECKS PAYABLE TO: ROYAL ARCANUM

Mail to: ROYAL ARCANUM
Supreme Treasurer John Crisanti
61 Batterymarch Street
Boston, MA 02110
Phone: 1-888-272-2686



**RESERVATIONS WITH DEPOSITS MUST BE RECEIVED BY July 15, 2022.
All reservations MUST be made through the Royal Arcanum Home Office.**



A WORD FROM THE SUPREME SECRETARY

I take this opportunity to wish all of our members in the US and Canada a happy, healthy, prosperous and most importantly, a safe New Year. The year 2022 marks the 145th anniversary of the Royal Arcanum; this is a great tribute to our membership and to the fundamentals on which our Society was founded.



I was hoping to report some good news regarding the COVID pandemic that has plagued not only the US but the entire world for the last two years; unfortunately that is not the case. The virus that has affected millions continues to mutate. Delta and Omicron have become terms that we are all too familiar with. New cases and hospitalizations are reaching levels that are higher than the original onset of the pandemic. The Delta variant seems to be more severe in its physical effects than the original Coronavirus. The Omicron variant, while less severe in its effects, seems to be much more contagious. The vaccines that were developed to fight this pandemic have proven to be safe and effective in protecting most from severe effects of the virus, especially with approval of booster shots. The vaccines have also been approved for children between the ages of five and sixteen, along with booster shots. While

breakthrough cases have been reported among those who are fully vaccinated, the physical effects are usually less severe and most do not require hospitalization.

The Royal Arcanum has not been spared from the effects of the pandemic. The Executive Committee, once again, postponed our Supreme Council Session that was scheduled for March of 2022. We are hoping to conduct the

Session in August of this year. As of this writing, nothing has officially been set, and there is no guarantee that the conditions regarding the

pandemic will still be with us later in the year. We will continue to keep our members updated as plans develop.



My hope is that in the near future we will be able to meet in person and conduct the business of the Supreme Council at the Session. Until then, be kind to one another, stay safe and take whatever precautions you feel necessary to protect yourselves and your loved ones from the Coronavirus.



Yours in VMC,

A handwritten signature in cursive that reads "Peter D. Ferrara".

Peter D. Ferrara
Supreme Secretary



Become a Healthier You With Your Discount Program

A healthier you is a happier you! Discover the wellness discounts that can help you achieve your wellness goals. Browse savings on gym memberships, online therapy and meditation programs, at-home fitness options, and more, all available with your Supreme Council of the Royal Arcanum Discount Program.

.....



royalarcanum.perkspot.com