





Official Publication of the

Supreme Council of the Royal Arcanum

Fraternal Services to Our Members Since 1877

ACTING SUPREME REGENT MESSAGE

A Message from the Acting Supreme Regent Un Message Du Régente Supreme Par Intérim

Maria Bettina DiBartolo - Acting Supreme Regent

Dear Brothers and Sisters,

Fall is here and so is sweater weather! It's the perfect time to take a walk and take in the beauty of nature as the leaves change color.

During this time, let's remember to share our blessings. I encourage all councils to take on a charitable project to help the less fortunate before the end of the year.

Charity is the extremely important pillar of our Society. The Supreme Council will match council donations, up to \$1,000 annually, that are made through the International Fraternal Service program! We'd love to hear about your council's donations and share news and photos of your projects in the Bulletin.

We strive to keep all members updated on what's happening in the Royal Arcanum – Informative newsletters are e-mailed, thanks to Carl Krzystofczyk; our Fraternal Field Director Cindy Macon advocates for charitable work and is constantly developing new programs, and COO Nick Benoit and the Home Office staff routinely inform us of increasing business and future activities.

We look forward to seeing everyone at the Supreme Council Session in Annapolis, Maryland, March 27-31, 2022. It will be the start of the celebration for Royal Arcanum's 145 years of fraternalism!

I am truly grateful for your continuing support.

I wish you all a happy and blessed holiday season!

Fraternally in V.M.C.

Maria Bettine Sibertals

Maria



Chers frères et sœurs,

L'automne est là et le temps des pulls aussi ! C'est le moment idéal pour se promener et admirer la beauté de la nature alors que les feuilles changent de couleur.

Pendant ce temps, n'oublions pas de partager nos bénédictions. J'encourage tous les conseils à entreprendre un projet caritatif pour aider les moins fortunés avant la fin de l'année.

La charité est le pilier extrêmement important de notre Société. Le Conseil suprême égalera les dons du Conseil, jusqu'à 1 000 \$ par an, qui sont faits par le biais du programme Service fraternel international! Nous aimerions connaître les dons de votre conseil et partager des nouvelles et des photos de vos projets dans le Bulletin.

Nous nous efforçons de tenir tous les membres au courant de ce qui se passe dans le Royal Arcanum - Des bulletins d'information sont envoyés par courrier électronique, grâce à Carl Krzystofczyk; notre directrice de terrain fraternelle, Cindy Macon, milite pour le travail caritatif et développe constamment de nouveaux programmes, et le directeur de l'exploitation Nick Benoit et le personnel du siège social nous informent régulièrement de l'augmentation des activités et des activités futures.

Nous avons hâte de voir tout le monde à la session du Conseil suprême à Annapolis, Maryland, du 27 au 31 mars 2022. Ce sera le début de la célébration des 145 ans de fraternalisme de Royal Arcanum!

Je suis vraiment reconnaissant pour votre soutien continu.

Je vous souhaite à tous un temps des fêtes heureux et béni!

Fraternellement en V.M.C.

Maria Bettine Sibertals

Marie



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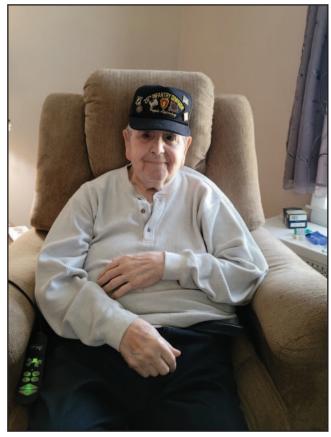
VETERAN PROFILE: DONALD FERRY SR.

Donald Ferry served as a Corporal E4 in the United States Army in 1958. His career started in New Jersey where he underwent basic and advanced basic truck driving.

From New Jersey he went to Honolulu and the Big Island in Hawaii where he was a cook. It was here he served as the kitchen manager. One of his favorite activities was making breakfast for his men.

After leaving Hawaii, Don was sent to the Nike Defense site in Buffalo, New York. It was here that he met his Sylvia and got married. He resumed his role as Kitchen Manager and was discharged from this site in 1961.





HOW GEN Z IS BUYING HOMES

Generation Z (those born between 1995 and 2010) is starting to look at homes to buy, and they have their own way of doing it, according to the AZ Big Media website:

• **Buying online.** Sixty-seven percent would consider buying a home through an online



• Changing lifestyles. The No. I reason Gen Z would choose to buy a home is a lifestyle change, with 46% citing a new job, a growing family, or a relocation.

• Less money down. Younger generations are putting less money

service or app, compared to 39% of millennials.

• **Spending less.** The median price of an existing home is \$360,000+, but Gen Z says it's only willing to spend \$150-\$250,000.

down for a purchase, with 57% of Gen Z buyers willing to put down 3–5% on a home, while 53% of millennials are willing to put down less than 15%, along with 27% of millennials planning less than 10%.

REMEMBERING VETERANS

One of several ongoing fraternal programs of the New Jersey Grand Council is recognition of our service men and women – today's troops, veterans, and those who died in the line of duty. In addition to the contributions of funds, gifts, greetings and 'parcels from home' made throughout the summer, Arcanians visited monuments in honor of the military that are located throughout the Garden State.

Pictured are Evelyn Magarban and Christine Piscitelli at the Korean War Memorial in Atlantic City. The monument was created to ensure that future generations remember and honor the pride and

dedication of those who served, the legacy they continued, and the freedom they preserved.



ELECTRIC CAR PURCHASES GROWING FOR THE FUTURE

Car buyers are increasingly looking at electric and hybrid vehicles for their next purchase, the Changing America website reports. In a CarMax survey of 1,000 people, 55.9% said they were likely to purchase either an electric or hybrid car when the time came, even though 55.1% said they haven't ever driven an electric car.

So far, electric cars are still a small percentage of auto purchases, representing just 3.4% in 2020. But worries about climate change seem to be motivating prospective buyers to consider low-carbon options.



MEDORA DONATES TO HELP HEALTHCARE PATIENTS

As far back as before the pandemic, in December of 2019, Medora Council #1648, collected new and lightly used clothes, some of which were intended for donation to Dress For Success. The pandemic put a hold on that donation, and after more than 18 months, the organization was still not able to open their doors for accepting such donations. Not wanting the donations to linger any longer, The Brown Elephant resale store in

Oak Park was selected to receive the donation. The proceeds of their sales go directly to help provide care for uninsured and underinsured patients at Howard Brown Health, the Midwest's Largest LGBTQ Health Center. Over 200 items were donated, including 50 tops, 50+ pieces of jewelry, 30 purses, 20 pairs of pants, plus suits, coats, jackets, dresses and more.



Medora members Carl & Christine Krzystofczyk with one of two bins full of bagged women's clothes and accessories that were donated to The Brown Elephant resale shop

MORE THAN A FEW ONE-LINERS

Try these when you want to get a laugh during a lull in conversation:

- Where there's a will, I want to be in it.
- The last thing I want to do is hurt you, but it's still on my list.
- Light travels faster than sound,
- which is why some people appear bright until you hear them speak.
- I'd agree with you, but then we'd both be wrong.
- Knowledge is knowing the tomato is a fruit. Wisdom is not putting it in a fruit salad.

- I thought I wanted a career. Turns out, I just wanted a paycheck.
- In filling out an application, where it says, "In case of emergency, notify _____" I always put, "DOCTOR."

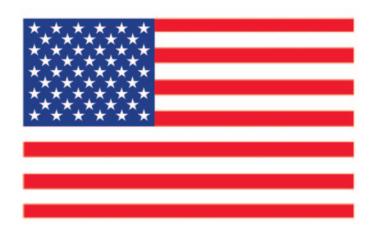
• I didn't say it was your fault. I said I was blaming you.

- You're never too old to learn something stupid.
 - Change is inevitable, except from a vending machine.
- I'm supposed to respect my

elders, but these days it's getting harder and harder for me to find one.

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MILITARY SERVICE: PETER FERRARA



It was 1964 and I had been working for the Pennsylvania Railroad for less than a year. At the same time I was attending classes at night at the University of Pennsylvania, working towards a degree in Business Administration. This was during the time of the Vietnam conflict. I decided that in order to have some control over my life, being draft eligible, I enlisted in the Pennsylvania Air National Guard.

My unit, the 111th Supply Squadron was located at the Willow Grove Naval Air Station in Willow Grove, PA. We flew C-97 Strato-freighters and our mission as the name implies was to move supplies wherever needed.

In 1965 in the June – July timeframe, I was sent to Lackland Air Force Base outside of San Antonio, Texas to complete basic training. If anyone is familiar with the weather in Texas, June – July is not ideal for physical activities. I recall that reveille was at 5:30 AM and even though the sun was not up, temperatures were in the low 90's to start the day. There was a flag system to regulate physical training; a yellow flag meant that all PT was allowed, an orange flag limited the amount of PT and a red flag meant no outside activities were allowed. We were required to take 8 salt tablets a day to prevent dehydration. Unlike today's military with their camo fatigues, we had the old green cotton issue. One of my more distinct memories of basic was that I got to do KP at the Transit Mess in Lackland AFB on my 21st birthday.

Upon completion of basic training I returned to Willow Grove for the remainder of my active duty. My designation was Material Facilities Specialist. I was assigned to the warehouse that supplied parts and equipment to keep our aircraft flying. Our planes and crews had assignments all over the world and we flew many missions in support of the Vietnam conflict. Over 200 of our flight crews were awarded the Vietnam Service Medal.

Several years ago the Royal Arcanum had a mini vacation that I attended in San Antonio. I could not believe how much the city had changed. The River Walk, one of the main tourist attractions, didn't exist when I first visited during basic [training].

In 1969 the mission of the 111th changed from a supply squadron to a Forward Air Control mission. We went from flying 4 engine cargo planes to flying twin engine Cessnas. In 1971 I was honorably discharged from the 111th Tactical Air Support Group with the rank of Staff Sargent.

Submitted by:

Pete Ferrara Integrity Council #586, Pennsylvania Supreme Secretary Past Supreme Regent

ANECDOTES: SHE LIKED THE UNIFORMS

Maya Angelou wasn't always a famous poet. According to one story, when Angelou was 16, she decided she wanted to be a streetcar operator. However, she was rejected because she was Black.

Her mother told her not to give up. Following her mother's advice, Angelou went to the hiring office every day and sat



reading books all day long. After two weeks, someone finally asked her why she wanted the job so much. "Because I like the uniforms," she replied.

She got her dream, and became San Francisco's first Black female streetcar operator.

ROY AL VISITS PAWTUCKET

Roy Al visited the Veterans Monument in Pawtucket. Rhode Island. He placed an American flag at the marker in remembrance of all the veterans of the US Armed Forces. He also pitched in for the community hydrant project by painting one very patriotically - red, white, and blue, of course! Good job, Roy! "Thanks" also to Jackie and Judy, Roy's assistants.



Above: Roy Al applied his patriotic touch to a community fire hydrant.

Right: Roy Al visits the Pawtucket Veterans Memorial and places American Flags.



TEACH KIDS TO BE AWARE OF SITUATIONS

Saying "Be careful!" to kids may not tell them what they need to hear. Sometimes you should build or reinforce a child's awareness of his or her surroundings. Here are some phrases for doing that, from the Backwoods Mama website:

- Notice how the floor is slippery. Or, that rail looks flimsy.
- Do you see that step? Or that man over there?
- Try moving your feet differently.
- Try using your other hand, or both hands.
- Can you hear the wind? Or the cars honking?
- Do you feel balanced standing where you are?
- Do you feel scared? Excited? Tired?
- What's your plan to get across the busy street?
- What can you use to help you out?
- Where will you put that box?
- How will you get down from there?
- Who will help you? Or get in your way?



UNITED STATES NAVAL ACADEMY

The United States Naval Academy is a federal service academy in Annapolis, Maryland. Established in October 1845, under Secretary of the Navy George Bancroft, the academy educates officers for commissioning primarily into the US Navy and US Marine Corps. The entire campus ("The Yard") is a National Historic Landmark.

Candidates for admission must both apply directly to the academy and receive a nomination, usually from a member of Congress. Students are officers-in-training and their tuition is fully funded by the Navy in exchange for an active duty service obligation upon graduation.

The school opened with 50 midshipman students and seven professors. Originally, a course of study for five years was prescribed with the first and last spent at the school and the other three being passed at sea. Graduates were considered as passed midshipmen until 1912, when they were first sworn in as officers.

The Civil War was disruptive to the Naval Academy. Three upper classes were detached and ordered to sea; others were transported to Newport, Rhode Island to a temporary facility while the Annapolis campus was converted to a US Army Hospital. When the war ended in 1865, the midshipmen and faculty returned to Annapolis.

The campus was almost wholly rebuilt between 1899 and 1906. In 1907 a modern hospital was constructed. In 1910, the academy started its own dairy farm but it was closed in 1998. By 1912, the midshipmen were organized into a brigade, its current structure. The brigade and faculty tripled during World War I.

At the 1920 summer Olympics in Brussels, the Navy academy rowing men's 8+ won the gold medal. In 1925, the tradition of the Ring Dance began when second class midshipmen receive their class rings at a formal gala. The Midshipman's date wears the ring around her/his neck, and the couple dips the ring in water from all seven seas.

In 1933, President Franklin D. Roosevelt signed into law an Act of Congress providing for the Bachelor of Science degree for Naval, Military and Coast Guard Academies.

The US Naval Academy was honored by the US Post Office on a commemorative stamp, issued in 1937.

A total of 3,319 graduates were commissioned during World War II when the students studied year 'round.

The Naval Academy first accepted women as midshipmen in 1976, after Congress authorized the admission of women to all of the service academies.

Over the years, the campus grew from 10 acres to 340 acres and houses the largest college dormitory in the world. Midshipmen are classified as fourth class, third class, second class and first class. A member of the entering class-the fourth class, the lowest rank of midshipmen – is also known as a "plebe"; they must conform to a number of rules and regulations

and have additional tasks and responsibilities. Third class midshipmen (commonly called "youngsters") are allowed such privileges as watching TV and listening to music. Second class midshipmen are charged with training plebes; they are allowed to drive their own cars (but cannot park on campus) and may enter the Yard in civilian attire (on weekends only). First class midshipmen have more freedoms and are charged with the brigade's leadership. They are known as "firsties" and in addition to being allowed to park their cars on campus, they have greater privileges than any other class.

Roughly 600 faculty members - civilian professors and military instructors - teach at the academy. A fixed curriculum is taken by all midshipmen and there are 25 major fields of study offered. Participation in athletics is generally mandatory. Varsity-letter winners wear a specially issued blue cardigan with a large gold "N" patch affixed. Teams that beat Army in a year are awarded a gold star to affix near the "N" for such a victory. The varsity sports teams have no official name but are referred to as "The Midshipmen" or "The Mids" and their mascot is a goat named "Bill".

Midshipmen wear service dress uniforms, with shoulderboard and/or sleeve insignia varying by school year or midshipman officer rank.

President Jimmy Carter, over 50 US astronauts, including six who flew to the Moon and 73 Medal of Honor recipients are alumni of the USNA.

The US Naval Academy welcomes visitors and offers guided walking tours; a great place to see while in Annapolis!



MILITARY SERVICE: ANTHONY BASA

On July 31, 2017 I answered the call to serve my beloved country. Fresh out of high school (but even before that) I knew deep down in my heart that this is what I wanted to do and is what I was going to do at the start of my adulthood. On September 6, 2017 my mother and father watched as their first born walked out the door as a boy for the last time.

My true military journey began on September 11, 2017 when I started basic combat training at Fort Sill in Lawton, OK. After what felt like the longest 3 months of my life, I graduated Basic Combat Training on November 17, 2017 and made my way to Fort Leonard Wood, MO for Advanced Individual Training to







become an Army Engineer. After training there, I returned home to Massachusetts to serve in the Army National Guard. From the minute I got home I was already serving my country and my community.

I have now been serving for 4 years in the Army National Guard. I was activated for the Lowell Gas Line Explosions; handing out food and household goods to help the community during and after the struggle and in other measures to aid the recovery from that state emergency. I've been on the frontlines during the national pandemic this past year, helping those in need of goods and healthcare, and was sent for many more state surrounded by great and noble American heroes who went above and beyond their country's call.

I plan to finish school and earn my Judicial Doctorate and carry it over into the military and commission to become an Army Lawyer in the Judge Advocate General Corps in the future. But until that day comes, I will do as the 5 generations before me have done and serve my country to the best of my capabilities and live the Army way -First In... Last Out! HOOAH!

Submitted by: Anthony Basa Alpha-Agassiz Council, #1 Massachusetts

emergencies. I spent a short deployment at Camp Hohenfels in Germany, training alongside NATO allies for 2 months back in 2019.

I am currently full time with the 54th Massachusetts Volunteer Infantry Regiment and Honor Guard as a Member and Trainer. I render Military Funeral Honors to deceased veterans. We are also the premier Ceremonial Unit for the Governor of Massachusetts. I have done color guards for many ceremonies but my most memorable one to date was being in Boston for a week with the Medal of Honor recipients from around the country at the Medal of Honor Convention. It was truly an honor to be



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VERSATILITY COUNCIL SUPPORTS MISSION

The members of Versatility Council #2501 in New Jersey conducted their annual "Summer Christmas Project" for the benefit of the Felician Sisters Mission in Haiti. Although plans for filling Saint Nick's sacks for about 100 children were underway since early spring, this year's activity took on even greater significance when members learned of the devastating earthquake that shook the island nation in mid-August and the severe storms that followed; leaving residents of the poor island nation in more dire need. Always ready to lend their support to the Felician Sisters who have ties to the councils in New Jersey, the Arcanians sprung into action to prepare additional gift boxes of essential items that would be transported in a shipping container directly to the Sisters' mission in Jacmel. Clothing, undergarments, hygiene items, non-perishable food, medical supplies, house and kitchenware, school supplies and other gifts were organized by the Service Outreach Committee and packed for the journey. The Sisters were most appreciative of the Arcanians' ongoing compassion and support for the children in their care and the continual efforts for providing a hopeful future for the youngsters and their families.



Gen Macon sorts parcels filled with donations and labels each unit for shipment to the mission.



Grand Regent Richard Macon joined the council's effort; bowls, plates, cups, cereal, pasta and powdered drink mixes were purchased for the children at the Felician Mission.



EveyIn Magarban and Gen Macon packing the van for one of several trips they made to Lodi with gifts for Haiti.



An assortment of new children's clothes that was contributed for the Haitian children

CLAREMONT COUNCIL COMMUNITY VOLUNTEERS

Several families of Claremont Council #1655 volunteer with the San Fratello Society in the Bronx, New York and participate in the good works and endeavors of the society.

A special mass and outdoor procession was held on September 19, 2021 at St. Benedict's Church, Bronx. The liturgical celebration was in honor of St. Benedetto, the patron saint of the town of San Fratello in Sicily. It is a long-standing tradition of the society and an event which is anticipated each year. Years ago, the statue of St. Benedetto was brought to the United States from Italy. Before and after the procession, donations are offered at the statue. This year the donations were given to Reverend Nikolin Pergjini, Pastor of the church, for support of the parish's programs to help seniors and those in need.

Right: Teresa DiBartolo, Caterina Di Franco, Errica Conforto and Joseph Conforto prepare for the annual procession in honor of St. Benedetto.



NEW YORK CELEBRATES

The members of the New York Grand Council met in Yonkers on October 6, 2021 at the Calabria Mia Restaurant to conduct the business of the council, initiate plans for fraternal projects and to share fellowship as the Arcanian family. Everyone generously participated with donations of nonperishable food items and monetary contributions in preparation of the annual Thanksgiving Dinner Basket charitable project that the Grand Council organizes for the poor in the community.

A highlight of the gathering was the 90th birthday celebration for Connie DePalma. Members and friends were happy to sing a resounding "Happy Birthday" and wish her the very best.



Acting Supreme Regent Maria Di Bartolo, Birthday Celebrant Connie, Grand Regent Freddy DiBartolo and Past Supreme Regent Errica Conforto





Garry DeLeo, Sal DiFranco, Steve Rodriguez and Teresa DiFranco congratulate Connie DePalma (second from left) for her 90th birthday.

FRATERNAL DEPARTMENT NEWS

Dear Sisters and Brothers,

"What's for dinner?" It's a familiar question often heard in households, everywhere. Depending on what Mom has in mind for the stovetop that evening or what Pop's choice will be when firing up the grill, we may get the response, "Let's dine out tonight!"

Meal choices can be bountiful and when family members each suggest something different, it may be a good time to head for the diner. Such establishments offer a wide range of hearty foods and the chance to "unwind" a bit in a relaxing atmosphere.

In 1872, Walter Scott sold food out of a horse-pulled wagon in Providence, Rhode Island. His unit, complete with windows, can be considered the first diner with walk-up service. In 1877, Thomas Buckley initiated commercial production of these lunch wagons in Worcester, Massachusetts and in 1893, Charles Palmer received the first patent for the diner. Soon stationary buildings were erected to become diners as we know them.

At about the same time the diner was created, the Royal Arcanum was instituted; both "born" in Massachusetts and still going strong today with eateries and councils operating across the country, providing families with the opportunity to enjoy fellowship and friendship. That may be one of the reasons why

diners were a symbol of American optimism. Popular productions such as Happy Days, Grease and Alice are a few examples where a diner was the "home" to life experiences shared by friends and acquaintances. Fraternals, too have always had a positive approach for the purpose of best serving seasoned, new and potential members.

As plentiful as the "Blue Plate and Early Bird Specials", are the opportunities offered by our Society. The Royal Arcanum has a solid portfolio of permanent life insurance plans and annuity products available for newborns through senior years and provides additional member benefits. Since its founding, the Society has had a vibrant history, continues to maintain sound business principles and demonstrates quality performance in its operations; key features of a great organization.

When selecting from the assortment of ice cream concoctions, milkshakes, pies, cakes and pastries pictured in the menu or displayed in a diner's showcase, you'd probably agree that desserts compliment a tasty meal. So many choices...So little time! There's always something



sweet on the Royal Arcanum's fraternal roster, too. Member benefits, support to charity and community, council engagement, educational opportunities for Juniors, plus social events and other jurisdictional activities bring fraternalists together for great purposes. The IFS, Legacy of Hope, Lend a Hand-Lift a Heart, Sharing and Caring, and Spirit of Service programs highlight our fraternalists-in-action as they do wonderful things for communities, near and far. 'Charity', the

underpinning of the organization, is exemplified through the volunteer and benevolent spirit of our members in service projects that are conducted on all council levels. Although the global community was challenged by the COVID crisis, the Arcanians persevered in providing assistance and the Supreme Council proudly recognizes

their dedicated service.

We'll soon be taking time to plan gatherings. Whether enjoying a home cooked feast or dining out experience, there's sure to be an abundance of delicious food. Please consider sharing your blessings in support of a food bank, soup kitchen, veterans program, senior center or homeless shelter so that those in need will feel welcomed for a nourishing meal and be comforted in knowing that someone cares.

I wish you and yours a blessed, healthy, and happy holiday season and New Year filled with promise and peace.

With gratitude for all you do,

Cynthia a. Macon



20 Juniors

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RA/LDS DETROIT DOINGS

On the 20-year anniversary of 9/II we did not forget and had a moment of silence for those we lost on that day before we honored our freedoms by participating in 37th Annual RA Duffer's Scramble. We enjoyed exploring a new golf course - the Carrington Golf Club in Monroe, Michigan. We welcomed 72 golfers for the outing, one of the largest groups we've had for the event. Instead of rain and cold, golfers had to navigate high winds for staying on course! Following golf, everyone enjoyed lunch, a 50/50 raffle and the abundance of door prizes. Most of all, it was great to see everyone who came in from Pittsburgh, Chicago and Ohio and catch up on what has been going on with everyone since Covid delayed visits. Thanks to Eric and Barb Kimmel for organizing and hosting another successful outing!

Happy Thanksgiving to All!

Submitted by: Jan Brazas, Detroit Reporter



Supporting and having fun, the large contingency that is Chicago!



Outing Organizer, Eric Kimmel giving the group starting instructions.



Last Place Team - Floyd & Rayleen Lewandowski and Bob & Pat Wozny



Detroit Golfers enjoying the Outing



Who left the delicious round of shots on hole 11?



First Place All LDS Team -Mike & Pam Hayes and Barb & Eric Kimmel



Enjoying her first outing -Dina Emrick with husband Brian Emrick.



Coming from Pittsburgh are John & Susan Kovacic and Paul & Kathy Bell.



First Place Team - Kyle Rabideaux, Greg Allen, Scott & Judy Thompson



BAKER'S BOX: CROSTATA

We hope our members try this recipe shared by Past Supreme Regent Errica Conforto. It can become one of the family's favorite desserts!

Crostata is an Italian pie crust and it's the perfect base for any pie or tart. The recipe can be made with a food processor, stand-up mixer or by hand.

Ingredients:

2 cups all purpose flour
½ cup sugar
1 teaspoon baking powder
2 eggs at room temperature
4 oz. butter at room temperature (cut into small pieces)
1 fresh lemon and 1 orange, grated (or substitute with lemon extract)
1 jar (18-oz.) apricot, cherry or other preserves of your choice
10-12" aluminum pie dish



In a large bowl, gently whisk together flour, sugar and baking powder. Add butter and mix well. Next, add grated lemon, orange and eggs. Mix to form a soft dough ball. On lightly floured parchment paper, roll dough to approximately 1/8" thickness and then transfer to a greased aluminum pie dish. Trim any extra dough and prick the bottom of the dough with a fork. Spread preserves on top. With remaining dough, make strips and place across top to create a lattice finish. Bake in a 360 degree oven for 35-45 minutes until golden brown. Remove from oven and cool. Sprinkle with confectioner's sugar and enjoy!



Grating the lemon.



Prepping the dough.



Adding lattice dough strips.



Crostata ready to be served.

USE SCIENCE TO TACKLE TOUGH TASKS

Focusing on difficult tasks at work can be hard, but you can't avoid it most of the time. The Nature website offers this science-based advice on getting the job done:

• Make space. Set aside large blocks of time to work on the problem confronting you—15 minutes here or there won't let you settle in mentally. Schedule time consistently so you make it a habit that's easy to adjust to when you sit down to work.

• **Remove distractions.** Look around your workspace for cues that might lead you astray. Put your phone in a drawer so you won't see

incoming texts, for example. Unplug your computer from the internet. Even if you can ignore such distractions while you're working, they'll still be there, tugging at your concentration.

• Forget the small tasks. You may be tempted to finish up just one more thing before getting down to work. Resist the impulse. These small tasks will



interfere with your ability to start focusing on what you need to work on.

• Find the right structure. Think about how to approach the task ahead of time. Developing a logical plan will help you carry through when you hit obstacles. It also helps you get started each time, because you'll know right away where to begin.

• **Take breaks.** You're allowed to take a break while working on a complex task. Just don't get pulled into other work. Leave your workspace, talk to people, or just take a walk to clear your mind.

Return with a clear head and dive right back into the task.

• Stick with it. You may need time to find the right structure or approach to working through the problem. Don't give up. Be ready to try something new as long as your mind is still focused on the project you're working on.



Premiums never increase and death benefit never decreases

PROGRAM BENEFITS INCLUDE

- * No increase of premium
- * No decrease of death benefit
- * No medical exam
- * Cash accumulation values

CERTIFICATE LOANS PAYMENT TO BENEFICIARY



SIMPLIFIED APPLICATION

- * Full underwriting not required
- Full face amount payable in first year
- * Subject to contestable period in first 2 years

CONTACT THE HOME OFFICE FOR DETAILS I-888-272-2686 (I-888-ARCANUM)



BAYONNE MEMBERS HELP COMMUNITY

Bayonne and Versatility Council members were busy throughout the summer months delivering donations to local charities. Although the COVID challenge impacted social activities and events, the Fraternal Committees rallied support of members, families and friends to help those in need. While there was an increase of people seeking help, area charitable facilities had depleted shelves and cupboards since the pandemic caused donations to be scaled back. Household goods, clothing articles, bedding, laundry aids and paper products were some of the 'Wish List' items that were contributed by the councils as part of their "Neighbors Helping Neighbors" fraternal program.



Gen Macon prepares wash and shower items for delivery to Catholic Charities' homeless-transitional shelters in Hudson County.



Evelyn Magarban arrives at the Salvation Army Center. The Jersey City facility accepts donations to help fund adult rehabilitation programs.

EXPERTS SHARE THE KEYS TO A CAREER YOU LOVE

What do successful leaders see as essential to a fulfilling career—and life? Podcasters Eric Eliasson and Lara Mitra asked 30 top business leaders what they'd learned on their path to success. The MIT Sloane School of Management website presents some of their insights:

Diversify your passions. Don't limit yourself to just one area of interest. Look around and seek out new possibilities throughout your career. The more passions you have, the greater your range as you go through life.
Be open to changing views of success.
"Success" can mean making lots of money, having wide power, or earning the love of a family—or an infinite number of other things. As you learn and grow, your definition of success may shift. Don't fight it. You may find that you have very different ideas of what's valuable at different stages of your life.

• Remember to plan. Being open to change doesn't mean totally winging it throughout your career. Set some goals early on and develop a plan for moving forward. You may have to adjust your plan as your circumstances and views change, but you'll be in a better position to pivot if you have a firm foundation to stand on.

• Take action to build confidence. You may be unsure that you're doing the right thing, but if you do nothing, you'll never achieve any of your goals. Taking action, even if you fail, can give you the confidence you need to keep moving forward. You'll see what you can do, and learn that failure isn't the end of the world.

NEW JERSEY: FRIENDS "FUR-EVER"

The members of New Jersey have always been "animalfriendly" and part of their fraternal activity roster includes visits to pet shelters and humane societies. Since people were spending more time at home during the pandemic, pet adoptions seemed to increase. However, a great number of furry friends remain waiting at shelters for their fur-ever families and also a second chance at a better life for some.

Garden State pet friendly organizations rescue, shelter, rehabilitate, render medical care and find adoptive homes for pets brought to their doors. Basic supplies are always needed and donations are much appreciated



Evelyn receives a "Woof of Thanks" from Junior, a shelter dog.

by staff who work with the animals - from the tiniest newborn kittens to the largest seasoned dog. The grand council and New Jersey subordinate council members did a tremendous job during the summer; donations of pet food, bedding, towels and litter, plus treats, toys, collars, harnesses and leashes were filled into dozens of cartons and delivered to several local animal shelters.

The Arcanians are always glad to take part in the pet-friendly projects and are even happier to hear happy "tales" of the animals being adopted from shelter pet programs.





Evelyn Magarban stops at the Bergen County Animal Shelter in Teterboro to deliver donations for the kitties and pups.

Chris Piscitelli with her new grandpup, Comet.

AMERICAN FRATERNAL ALLIANCE NEWS



The Supreme Council congratulates our Chief Operations Officer, Nick Benoit, on his recent election to the Board of the American Fraternal Alliance for a three-year term. The organization unites members through advocacy, education and networking opportunities to advance the fraternal benefit society movement while promoting their quality work as financial providers and community service activists. Its member societies represent nearly 8 million individuals, making it one of America's largest-member volunteer networks. The Royal

Arcanum is the sole founding member of the National Fraternal Congress of America which later became the American Fraternal Alliance that operates today.

Nick's knowledge, expertise in the life insurance industry, strong dedication to the fraternal principles and positive approach to new tasks will guide him as he represents the Royal Arcanum as the Alliance's newest director. Good Luck, Nick!

TREASURE FROM OUR PAST

The Royal Arcanum takes great pride in maintaining the artifacts and memorabilia of the Society's 144year fraternal history. Pictured is an award medal from 1914 for the 8 ¹/₂ mile military hike held at the 9th Regional Athletic Games in New York.



"Carry out a random act of kindness, with no expectation of reward, safe in the knowledge that one day someone might do the same for you."

Princess Diana

"No act of kindness, no matter how small, is ever wasted."

Aesop

"You cannot do a kindness too soon, for you never know how soon it will be too late."

Ralph Waldo Emerson

"Human kindness has never weakened the stamina or softened the fiber of a free people. A nation does not have to be cruel to be tough."

Franklin D. Roosevelt



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CHIEF OPERATIONS OFFICER CORNER

In the Northeast this year, we've experienced somewhat typical New England weather, with a wetter than normal summer, along with a wonderful fall season and seasonable temperatures. The kids have gotten back into their daily routines at school and numerous activities, which is a stark contrast to this time last year. As we look forward to Thanksgiving, we should be thankful for everything that we have and pray for a continued move towards normalcy. We've had many challenges throughout the last 18+ months at every level; personally as well as professionally. Everyone deals with challenges differently and that can make it tough in the moment. We must make the effort to quotes to prospective members in a more efficient manner.

Our Fraternal Investment Bill H 1164 now has a hearing date in the Massachusetts Legislature. Currently fraternal societies domiciled in Massachusetts are limited



to investing up to a maximum of 25% of surplus in the stock market. The objective of H 1164 is to amend the law to allow 10% of assets to be invested. I will be testifying for the bill at the

help those around us every day, whether it's a simple gesture of holding the door open for someone while saying "Good morning" or buying a person a cup of coffee.

As a business operation we continue to see growth in life insurance volume in the form of a10% increase in new

business premium and increases in applications. Our underwriters and associates in the Home Office are busy! Covid-19 affected our claims volumes for a period of time, however these volumes have returned back to expected levels. As our footprint from an insurance production standpoint increases, we continue to look to serve our members with the insurance products you need to protect you and your family. Our Medicare supplement product that launched in October 2020 is now available in ten states and we expect it to be available in ten additional states by year end. As we consistently grow and evolve as an insurer, we also upgrade our technology and will be launching a new illustration system, scheduled to take effect by January 1st. This web-based system does not require user updates and is compatible with any smart phone or iPad instrument. This feature will enable our recommenders and agents to provide insurance



hearing before the Joint Financial Services Committee. As was done in recent months for other legislation, this hearing, too, will be conducted virtually.

The Home Office will be closed on Thursday, November 25th & Friday, November 26th in observance of Thanksgiving.

The Home Office continues to operate Monday through Friday from 8:00 am - 5:00 pm (EST). Should you have any questions or concerns, we ask you to call the office (888)-272-2686 or e-mail info@royalarcanum.com.

Stay Safe and Best Wishes,

Sincerely,

Chief Operations Officer nbenoit@royalarcanum.com

NOMINATIONS AND ELECTIONS OF OFFICERS

Section 19 (1), 20, and 21 of the Constitution

The offices, including the committees, shall remain the same.

By March 15 of the year of the Supreme Council Session, the Chairperson of the Supreme Council Executive Committee shall appoint a Committee on Nominations consisting of four Supreme Council Session members (current or past), representing the diversity of our Order, plus the Supreme Regent, who will serve as chairperson for the purpose of developing a slate of officers for the ensuing Supreme Council Session. It is suggested that an announcement of this appointed committee and the nominations procedure be included in the "CALL" to the Session and in the Fall Edition of the Bulletin.

At the REGISTRATION DESK on OPENING DAY of the Supreme Council Session a list of the Nominations will be distributed to the representatives. It is recommended that a brief bio of not more than 75 words for each nominee be included. Only for those officers seeking Election to an Executive Committee position, a biography of no more than 200 words is recommended. Lengthier submissions will not be evaluated.

On THE SECOND DAY of the Supreme Council Session additional nominations may be made from the floor. All those being nominated shall have been contacted by the member making the nomination in order to insure that those being nominated are willing to have their names on the slate. A bio on each nominee of not more than 75 words would be helpful. (A resolution will be presented at the beginning calling for nominations on the second day.)

On THE THIRD DAY of the Supreme Council Session, printed ballots including the names of all nominees shall be distributed. In the case of the Line Officers and the Executive Committee, there must be individual ballots (unless the Constitution is changed), but the other committees may be elected on one ballot. Additional nominations will not be entertained at this time. Delegates will cast their votes, which will be counted by the two appointed tellers and the Judge of Elections, who will count the votes. (A resolution will be presented at the beginning to nominate and elect all Committee Members, Supreme Trustees, Committee on Juniors and Committee on Appeals, if there are more than four nominees, the four receiving the highest vote will be declared winners).

THE NOMINEE with the majority of votes based on our established ratio between delegates and officers, shall win the election to his or her respective office. In the case of the committees, the required members for each committee with the highest number of votes shall be elected (the four Supreme Trustees, the three members of the Committee on Laws, the two additional members of the Finance Committee, the four members of the Committee on Juniors, and the four members of the Committee on Appeals).

Send bios to Chairman James O'Neill, 6196 Kaski Court, San Jose, CA 95123 or email to: oneillje@comcast.net. Bios should in the Chairman's hands by January 31, 2022.

FRATERNALISM AND FRIENDSHIP

Members of Claremont Council #1655 are fraternalists-in-action, always willing to support the mission of service throughout the Bronx community. The Arcanians visited the Sisters of Catechism at Our Lady of Mt. Carmel Parish to present them with a gift of appreciation and donation for their ministries. The Sisters would soon leave New York for Mexico to begin a new assignment of serving the poor in communities there. The fraternalists formed a special bond with the Sisters over the past several years and were sad to see them depart. Dedicated to their vocation, the Sisters' presence, compassion and good work will greatly aid families in Mexico.

Errica Conforto also visited Frances Magnotta, who recently returned home from a stay in the hospital. Everyone sends their warmest wishes to Frances for healthy and happy days to come.





Above: Sr. Edna thanks Augie Magnotta, Errica Conforto and Joe Conforto for the gift for the Sisters.

Left: Augie Magnotta, Frances Magnotta and Errica Conforto

BIG MONEYMAKERS OF PAST ERAS

We're all fascinated by how much money other people make. Here's a look at how much some

historical figures made, and what it would be worth today (from the Cracked website):

• Edgar Allan Poe. The writer of scary stories earned \$624 in 1835, which would be equivalent to \$18,000 today.

• **Babe Ruth.** His pay for the 1919 baseball season was \$10,000, worth about \$150,000 now.

• Jackie Robinson. This ballplayer's 1947 season pay was \$5,000; that's \$58,000 today.

• Jane Austen. The 19th-century British writer was paid 300 pounds for her novel Mansfield Park, which comes to \$60,000 now.

• Judy Garland. The Wizard of Oz actress earned \$500 a week in 1939, worth about \$9,300 a week



today. (Her male co-stars made \$2,500–3,000 weekly, and the dog who played Toto made \$125 a week).

• Ludwig von Beethoven.

The German composer's three patrons in Vienna gave him 4,000 florins in 1809, worth \$530,000

these days.

• **Charles Dickens.** Another 19th-century author, Dickens received 400 pounds for The Pickwick Papers in 1836, or about \$238,000 now.

• Marilyn Monroe. The actress was paid \$18,000 for her role in Gentlemen Prefer Blondes in 1953, the equivalent of \$175,600 today.

• Albert Einstein. His salary at Princeton in 1933 was \$10,000, which translates to \$178,000 now. (He requested a lower salary, but university officials wanted him to be the highest-paid scholar there.)

• George Washington. The first president's salary was \$25,000 in 1789, or about \$4.5 million today.



JUNIOR DEPARTMENT NEWS AND VIEWS

As the leaves begin to fall, temperatures drop, and the kids are back into a routine with school, sports, and activities, summer becomes a distant memory and the holidays will soon be upon us. Halloween decorations are haunting front yards and Thanksgiving and Christmas are just around the corner. We are all hoping that the New Year of 2022 brings an end to the pandemic that is still affecting us. As communities gradually begin to come back to life after having been changed forever, let's make time to be thankful for what we have and let us share our blessings with those who are less fortunate by practicing our Society's principles of Virtue, Mercy and Charity.

I hope this year more councils and jurisdictions are planning activities that focus on our Juniors. Please remember to take pictures and share these special events with us. Christmas gifts for Juniors will be available from the Supreme Council Junior Department for the appropriate age groups and can be requested by calling the Home Office at 1-888-ARCANUM or by downloading the form online.

Postal cards have been mailed to Juniors in senior year who are planning on going to college in September 2022 as a reminder for them to apply for scholarships and that the deadline is December 31, 2021. High school students that are taking SAT, ACT, PSAT exams this year for college entrance can submit their receipts for preparation/review classes taken to help improve their scores and the Royal

Arcanum will reimburse students up to \$50/year.

Any Royal Arcanum member who is enrolled in college, either boarding or commuting, and would like to receive a care package from us are asked to send us their college or home address so that we can send one to them. We remind all of our RA scholarship winners to submit their tuition bill that includes their student ID, each year in order for the



Junior Department Director **Errica Conforto**

award funds to be sent to their school.

The Junior writing program contest continues and we are happy to publish poems or stories sent to us. I hope that you enjoy reading them as much as we do! If you have any questions or concerns regarding any opportunities available to the Juniors, do not hesitate to call or e-mail us.

I wish you and your families a safe, healthy, and joyous holiday season.

Errica Conforto

Errica Confito

Junior Director



FALL WORD SEARCH



JUNIOR CONTEST RULES

Our rules provide that a Junior can win only one prize per issue of the Bulletin. Members from the same family can submit answers to same puzzles in order to win. Puzzle entrants are restricted to Juniors no older than 17 years 11 months. All entries must be received prior to distribution of the next Bulletin.

Amazon.	.com!
amazo	n.com [.]

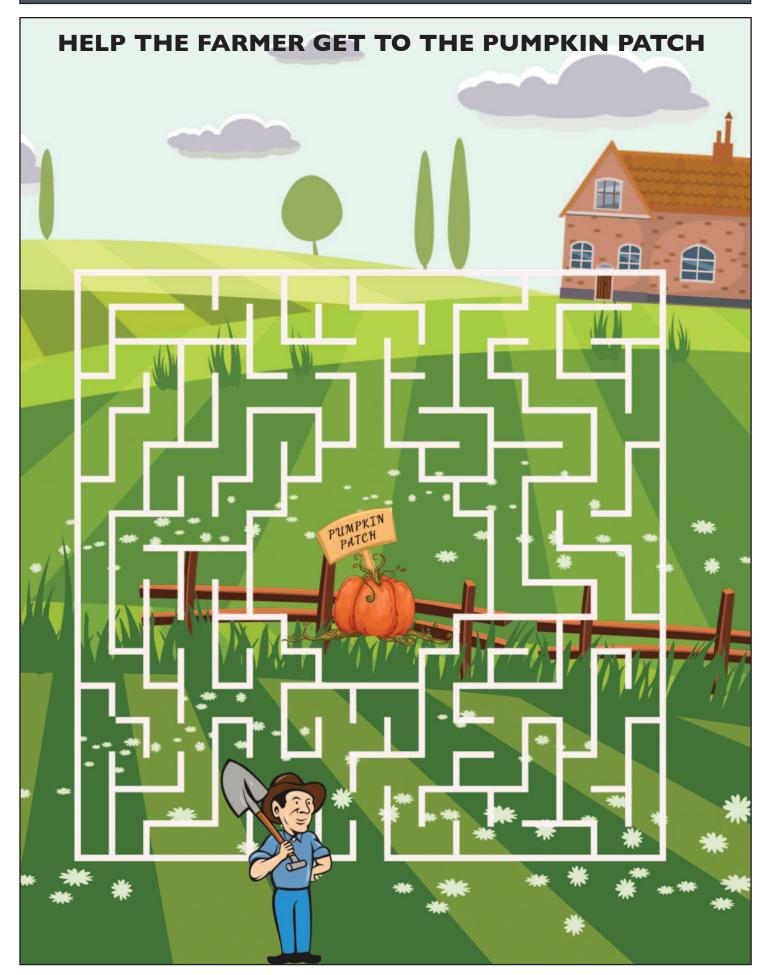
Name	
Age	
Council	
Email Address	

Junior Must Submit:

PLEASE SEND ALL ANSWERS TO: JUNIOR DEPARTMENT, ROYAL ARCANUM, 61 BATTERYMARCH ST., BOSTON, MA 02110-3208 OR EMAIL YOUR ENTRY AND ADDRESS TO INFO@ROYALARCANUM.COM

. .

FALL MAZE



FALL CROSSWORD

2

5

7

6

10

3

4

1

Across

- 4) Another name for the season Fall
- 5) Last month of Autumn
- 6) A warm out layer worn to stay warm
- 8) A yard tool used to gather leaves
- 10) A delicious vegetable that grows on stalks
- II) Spookiest holiday

Down

- I) First month of Autumn
- 2) Falls from an oak tree
- 3) Gathering crops
- 6) In a field and frightens birds

8

11

9

- 7) Large bird cooked for Thanksgiving
- 9) A crisp red fruit



JUNIOR FALL COLORING





ROYAL ARCANUM 105th SUPREME COUNCIL SESSION CROWNE PLAZA HOTEL ANNAPOLIS, MARYLAND SUNDAY, March 27 through THURSDAY, March 31, 2022



http://www.crowneplaza.com/annapolis/Crowne Plaza

Cost Per Person U.S. / Canadian	Occupancy	Points for Free Trip U.S. / Canadian
\$499.00 / \$665.00	Double	710 / 950
\$419.00 / \$560.00	Triple	600 / 800
\$799.00 / \$1,065.00	Single	1,140 / 1,520

Please enter my reservation for the 105th Supreme Council Session at the Annapolis Crowne Plaza Hotel, 173 Jennifer Road, Annapolis, MD. 21401 (Phone: 1-410-266-3131)

M				Cou	ncil No.	
Address						
Phone #			Email:			
Spouse (please enter fi	rst name)					
Children (enter names a	& ages)					
Request Room Share w	vith (Please er	nter guest's name)			;
Room Type (circle):	(2) Double	e Beds	(1) King I	Bed		
Have you earned a prize	e trip?	[]Yes	[] No	[] No. of	trips
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RESERVATIONS WITH DEPOSITS MUST BE RECEIVED BY February 24, 2022. All reservations <u>MUST</u> be made through the Royal Arcanum Home Office.

A WORD FROM THE SUPREME SECRETARY

As I began to write this article, I found myself looking at a copy of my article for the Fall Bulletin of 2020. To my dismay many of the problems that I listed for 2020 continue till today. While the Covid pandemic has lessened, with the manufacturing of successful vaccine treatments, life as we knew it before the pandemic has not fully returned to normal. Hospitals are still seeing Covid patients and ICUs in many states are full. Vaccines have been proven to be effective

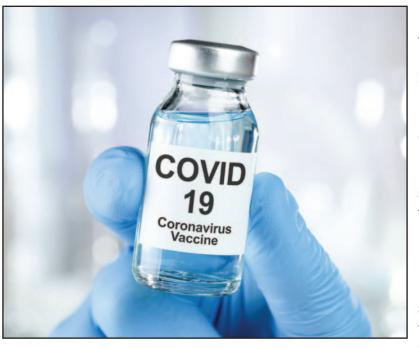


against the Delta variant. With federal and local mandates requiring individuals to be vaccinated or be subject to continued testing for the virus, more encouraging sign. Hopefully all our active councils will be back in session soon and elections of officers and representatives will take place in the jurisdictions. At the Supreme Council level, the Executive Committee is planning for our 105th Supreme Council Session in March of 2022 at the Crowne Plaza Hotel in Annapolis, Maryland. The hotel has allowed us to postpone our commitment on two occasions. We have an existing contract and will incur financial

penalties if we do not meet the requirements for rooms and participants. We haven't met for a Supreme Session since 2018, so hopefully we will

people may consider getting the vaccine.

Not all the news is bad. Work continues on producing a vaccine that will be effective on our young people between the ages of five and sixteen. Test results have been positive. Most school districts throughout the country have reopened with inperson classes. Masks are required in most schools and social



distancing continues to be practiced. Restaurants and movie theaters are now open as well as gyms, hair salons and most other retail establishments. The Theater District in New York has opened and people can enjoy seeing a play even if they have to produce their vaccine card and wear a mask in the indoor theater.

Indications are that some Royal Arcanum councils are beginning to hold in-person meetings. This is an

Supreme Council Session next spring.

Yours in V. M. C.

Peter D Ferrara

Pete Ferrara Supreme Secretary

have a good turnout. Please check this and future Bulletins for updates on the Session.

I take this opportunity to remind all of our members to be safe and to continue following the instructions of your local authorities and health officials. Please be kind to one another. Hopefully we will all be able to get together at our

COME JOIN US AT THE Crowne Plaza Hotel in Annapolis, Maryland Sunday, March 27 through Thursday, March 31, 2022

ROYAL ARCANUM 105th SUPREME COUNCIL SESSION

Area Attractions: U.S. Naval Academy Museum Maryland State House Hammond-Harwood House Banneker-Douglass Museum Sandy Point State Park Historic London Town and Gardens and more.....

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